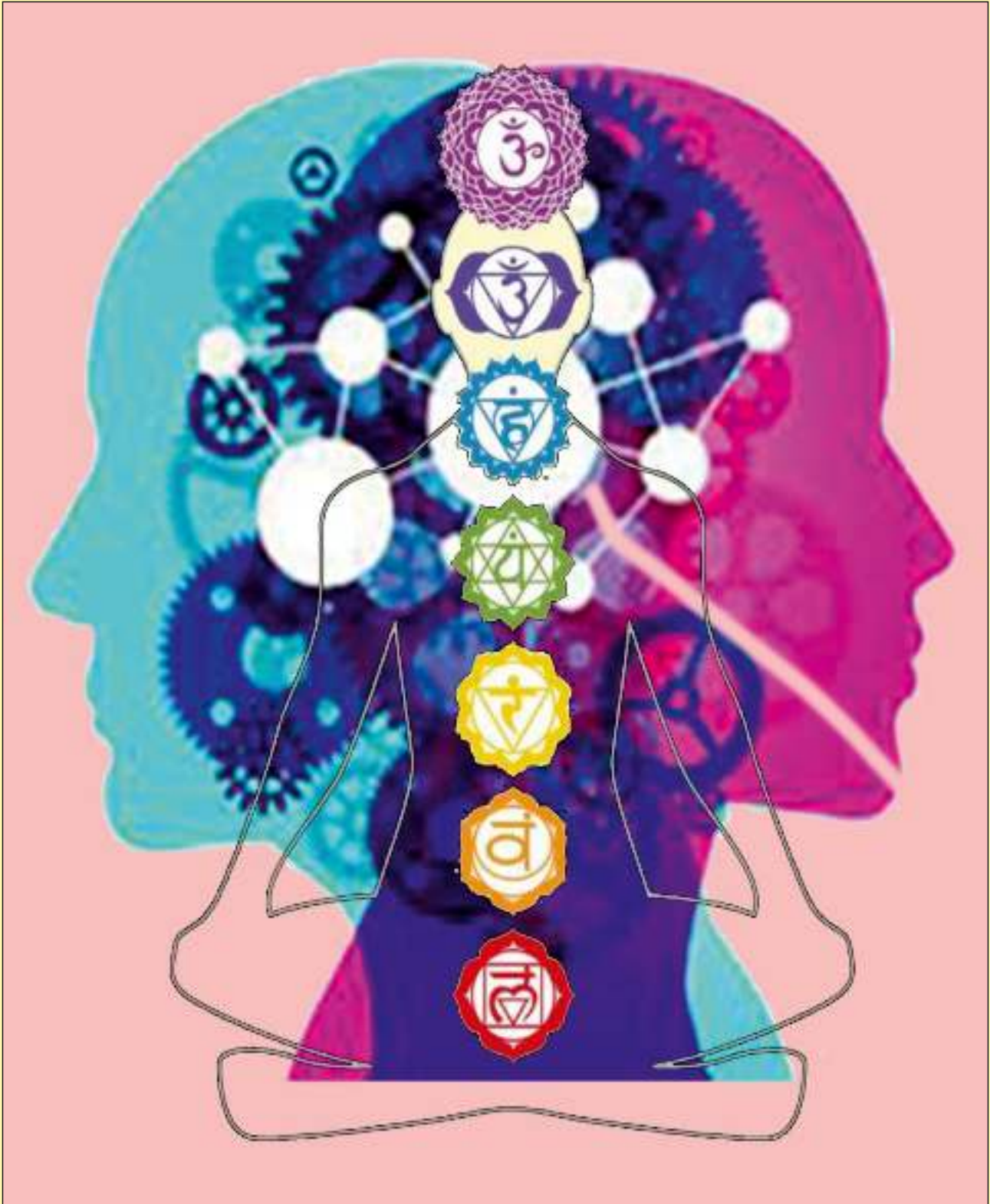




Army Public School Mumbai

PRAGATI : 2023-24



Leading the Way: The Chairman's Visit



Brig and Mrs Bikramjit Singh along with Lt Gen and Mrs HS Kahlon during the Vidyanjali Furniture Donation program



Brig Bikramjit Singh interacting with GOC-in-C during his visit to Army Public School Mumbai



Chairman creating a light hearted atmosphere with the students of APS



Chairman congratulating the head council member during Investiture Ceremony



Chairman interacting with a student in the STEAM lab



Chairman briefing the GOC about functioning of "Avishkar Lab"



MESSAGE FROM THE SENIOR PATRON

As we embark on another journey of creativity and knowledge-sharing with the publication of the school magazine, I am filled with pride and optimism for the future. Reflecting on the words of Albert Einstein, "Imagination is more important than knowledge," I am reminded of the boundless potential inherent within each of our students.

I extend my heartfelt congratulations to team 'Pragati' for their dedication and hard work in bringing forth the 31st edition of our school magazine for the academic session 2023-24.

At our school, we strive to be more than just an educational institution—we are a brand name synonymous with excellence, integrity, and lifelong learning. Our focus on integrating the latest curriculum and technology in accordance with the National Education Policy (NEP) reflects our commitment to staying at the forefront of educational innovation.

As a senior patron of our school, my vision is to foster an environment where every student feels empowered to explore their potential and pursue their dreams. I envision a school where excellence, integrity, and compassion are at the core of everything we do. Our focus will be on providing holistic education that nurtures not only academic excellence but also personal growth and character development. Through innovative teaching methods, personalized support, and a rich array of extracurricular activities, we will strive to cultivate lifelong learners who are equipped to thrive in an ever-changing world.

Our state-of-the-art labs equipped with the latest equipment and resources provide students with hands-on learning experiences that foster creativity, critical thinking, and problem-solving skills. Moreover, our esteemed faculty, comprised of passionate educators and subject matter experts, I foresee will continue to inspire and mentor students, instilling in them a lifelong love for learning and a commitment to excellence.

As we look towards the future, we remain constant in our commitment to providing quality education for all and preparing our students to meet the challenges of an ever-changing global landscape. Together, we will continue to inspire, innovate, and empower the leaders of tomorrow.

Jai Hind!

**Lt Gen Pawan Chadha, VSM
Senior Patron**



MESSAGE FROM THE PATRON

"In the hands of the school lies the monumental task of shaping the future generations." With these profound words echoing through the corridors of our institution, we extend our heartfelt congratulations to the extraordinary team behind the publication of our school magazine, 'Pragati.'

As we unveil the mission of our school, let us reflect on the timeless wisdom encapsulated in Nelson Mandela's words: "Education is the most powerful weapon which you can use to change the world." Rooted in principles of inclusivity, innovation, and excellence, our mission is to provide a nurturing environment where every student is empowered to reach their full potential and contribute meaningfully to society.

Furthermore, our mission emphasizes empowering every student to reach their full potential, recognizing and celebrating their unique strengths, passions, and aspirations. By providing personalized support and opportunities for growth, we ensure that each child is prepared to pursue their goals with confidence and determination.

By working together—students, teachers, parents, and the broader school community—we can create a transformative educational experience that equips students with the tools they need to thrive academically, personally, and socially.

With a deep-seated understanding of the transformative power of education and a sense of responsibility towards society, our students are poised to become compassionate leaders, ethical decision-makers, and agents of positive change.

Jai Hind!

**Maj Gen Bikramdeep Singh, VSM
Patron**



MESSAGE FROM THE CHAIRMAN

With boundless excitement, I extend my warmest congratulations to the Principal, esteemed faculty, and our exceptional students as we present the latest edition of our school magazine. This edition, adorned with reflections and achievements, serves as evidence to the vibrant spirit of our school community. As we embark on this literary odyssey, let us heed the words of Walt Whitman: "Keep your face always toward the sunshine - and shadows will fall behind you."

In my tenure as Chairman, I have witnessed remarkable progress and growth within our school community. Together, we've aimed for excellence in all facets of education, from academic accomplishments to extracurricular pursuits.

Looking ahead, my vision for our school is one of continuous improvement and innovation. I believe that by embracing change and embracing new opportunities, we can further elevate the standard of excellence that defines us. We must continue to empower our students to think critically, act compassionately, and become leaders in their respective fields.

As we set forth on this collective journey, I extend my heartfelt wishes to each and every one of you. Let us endeavour to inspire and uplift one another as we pursue knowledge and strive for success.

Let's come together to make this edition of our school magazine a reflection of our shared achievements and aspirations.

Jai Hind!

**Brig Bikramjit Singh
Chairman**



FROM THE PRINCIPAL'S DESK

The School aims at the highest academic achievement of all students and provides them with a caring, academic, participatory, safe, and structured environment. The pursuit of the greatest education has always been a top priority for society. APS, Mumbai identifies the student's needs that help them succeed in their career and future. The school aims at finding ways to help every student reach their highest potential with compassion and dignity that every student deserves. As the world is changing at a rapid pace, driven by science and technology there is an urgent need to realign, rethink and reinvent educational practices to meet the needs of modern learners. I firmly believe in finding an approach that is agile, adaptable and in tune with current education needs.

APS Mumbai is striving to be creative and innovative in instructions to engage students in their learning through a variety of STEAM activities and applications of technology. School offers an array of programs. Nurturing inherent talents and tapping potentialities of a child through activities is the hallmark of the school.

Devoid of the potential to nurture values, education loses its heart and soul. At APS Mumbai, values are permeated within the curriculum and nurtured through the whole school approach. APS Mumbai's quintessential focus is to impart students with incremental life skills. Specific focus has been emphasized on pedagogical strategies in line with the expected attitudes and behaviors. I believe that the whole realm of activities and programs conducted in the school will have a tremendous impact on the learning of values, not only knowing values but also practicing values by students.

With a great team of teaching staff and excellent students we work together to promote a high level of learning culture. Being a Principal, I have a strong belief to promote harmony, dedication and win-win scenario for everyone in the school.

Mrs Lakshmi Madhuri Chatti
Principal

Outgoing Batches



XII Science



XII Commerce

STUDENT HEAD COUNCIL - 2023-2024

The office bearers of our esteemed School Head Council



DEPUTY HEAD BOY
Ishaan Karthik
CI 11 B



HEAD BOY
Adhiraj Johal
CI 12 A



HEAD GIRL
Vatsala Sinha
CI 12 A



DEPUTY HEAD GIRL
Anushka Mishra
CI 11 A



RANJIT HOUSE CAPTAIN
Nikhil P Dhoran
CI 12 A



RANJIT HOUSE VICE CAPTAIN
Gita
CI 11 C



PRATAP HOUSE CAPTAIN
Mudransh Puri Goswami
CI 12 A



PRATAP HOUSE VICE CAPTAIN
Radha Goswami
CI 11 A



ASHOKA HOUSE CAPTAIN
Siddhi Pande
CI 12 B



ASHOKA HOUSE VICE CAPTAIN
Nikesh Yadav
CI 11 A



SHIVAJI HOUSE CAPTAIN
Yashaswini Shinh
CI 12 B



SHIVAJI HOUSE VICE CAPTAIN
Ishwar Koli
CI 11 A



Science Club Captain (Boy)
Shubh Srivastava
CI 12 A



Science Club Captain (Girl)
Ratna Priya
CI 12 Sci



Debate Club Captain
Bhavna Gupta
CI 12 A



Literary Club Captain (Boy)
Anant Dimri
CI 12 A



Literary Club Captain (Girl)
Aksheeta Ghosh
CI 12 A



Discipline Captain (Boy)
Sujal Nagaria
CI 12 Sci



Discipline Captain (Girl)
Varsha KA
CI 12 B



Sports Captain (Boy)
Santosh Kumar Behera
CI 12 B



Sports Captain (Girl)
Shalinee Yadav
CI 12 A



Cultural Captain (Boy)
Tanish Lad
CI 12 B



Cultural Captain (Girl)
Era Pandey
CI 12 B



CWC Captain (Boy)
Aarav Chauhan
CI 12 A



CWC Captain (Girl)
Kiran Salunkhe
CI 12 B



PR Representative (Boy)
Aditya Abhinab
CI 12 A



PR Representative (Girl)
Anushka Ranjan
CI 12 B



Cultural Secretary
Harsh Tiwari
CI 11 A



Science Club Secretary
Shlok Sachin
CI 11 A



Music Club Secretary
Devesh
CI 11 C

Academic Achievements: Class 10

AISSE SCHOOL TOPPERS (2022-23)



GAYATRI BISHNOI

98%

(100% MARKS IN MATHEMATICS)



NIHARIKA SHARMA

96.5%

(100% MARKS IN SOCIAL SCIENCE)



DARSHAN JAIN

95%



Academic Achievements: Class 12

AISSCE SCHOOL TOPPERS -2022-23



A collage of four portraits of students, each framed by a laurel wreath. The portraits are arranged in two rows. The top row features Bhoomi Arora on the left, Ehtesham Faheem Ahmed in the center, and Trishan Gupta on the right. The bottom row features Harini Panigrahi on the right. Each student's name and percentage are printed below their respective portrait.

Name	Percentage
BHOOMI ARORA	96.2%
EHTESHAM FAHEEM AHMED	94%
TRISHAN GUPTA	91.4%
HARINI PANIGRAHI	90.2%

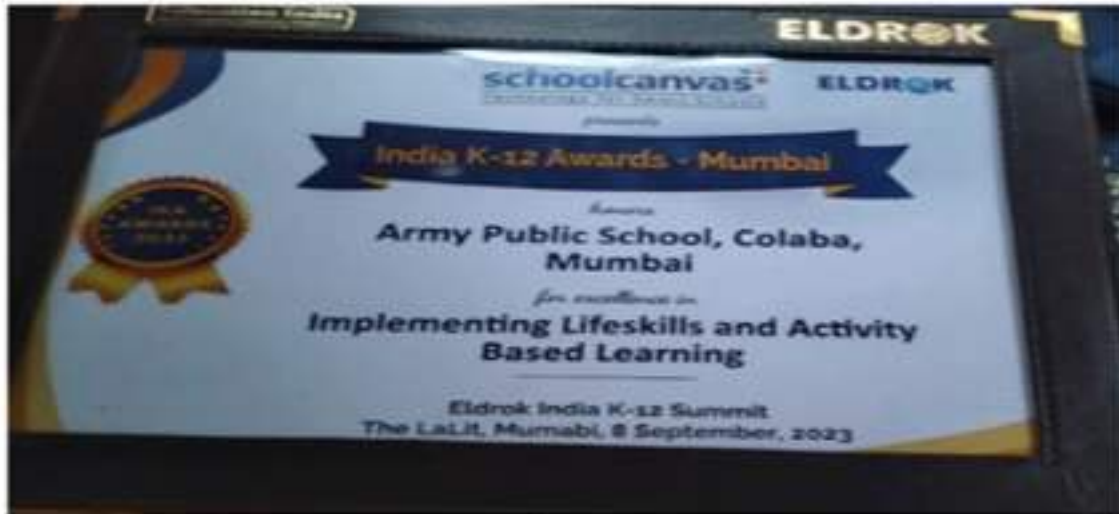


Academic Award of Excellence



Army Public School, Mumbai is thrilled to share the wonderful news that the school has been honored with the Academic Excellence Award for the 2022-2023 academic year in the Class X Board results within the small category of schools by the Headquarters Southern Command at Charak Auditorium, Pune, on 25th August 2023. This achievement is a testament to the visionary leadership of our School Administrative and Management Committee, the collective dedication, hard work of our students, teachers, staff, and the leadership of our Principal.

IndiaK-12 Award for Excellence



India K-12 Award for Excellence

In a proud moment for Army Public School, Mumbai, the institution has been honored with the prestigious IndiaK-12 Award for Excellence. This recognition acknowledges the school's remarkable strides in implementing life skills and activity-based learning, setting a commendable standard in the field of education. The accolade was conferred during the Eldrok K-12 Summit, a distinguished event held on the 8th of September in Mumbai.

The summit served as a platform for educational institutions to showcase their innovations and best practices in K-12 education. Army Public School's commitment to holistic education and innovative teaching methodologies has been underscored by this accolade. The emphasis on life skills and activity-based learning not only enriches students' academic experiences but also equips them with essential skills for real-world application.

Reaping Rewards: Reveling the Achievements of Our School

Ronit Kumar Swain has brought laurels with his commendable achievements Rank 1 IN Class 1 - **IFEO (English Olympiad)** - 2022, which has filled the school with pride.



Neha Bisht and Yashashwini Shinh from Class XII participated in the **Inter- School Poetry Writing** event organised by Somaya School and secured 2nd prize and consolation prize respectively.



Many of our school's students took the **Cyber Olympiad exam**. The test was conducted offline, with questions covering a wide range of topics like cybersecurity, coding, and new technologies. And our school received numerous gold and silver medals.



Reyansh – III A
(Gold)

Reaping Rewards: Reveling the Achievements of Our School

The students showcased their brilliance and debating prowess in the **Gopi Birla Moden United Nations**, leaving a lasting impact on the audience and judges alike. It was a moment of immense pride when our students were presented with the prestigious Best School Trophy.



The **Nriyjanali Fest**, an interschool competition for children, witnessed keen participation from the students. Glories were won by the students in various categories such as Bharatanatyam, Elocution, Essay Writing, Fancy Dress, Folk Dance, Handwriting, Mono Acting and Story Telling.

APS Mumbai proudly celebrates the achievements of Samvardhini Datt Tripathi from class 4-B. At the district and State level, she secured a Bronze medal in the Under 9 category of the **Mumbai City District Championship in Roller Athletics**. In Bombay Roller Skating at the district level, she clinched a Gold medal in the 500m category and a Silver medal in the 1000m category. In the state-level Roller Athletics Maharashtra competition, she earned a Bronze medal in the 400m race in the Under 9 Girls category. Remarkably, she has been selected to participate in the Nationals scheduled for February 10th and 11th, 2024. Congratulations to Samvardhini on her outstanding achievements!



Reaping Rewards: Reveling the Achievements of Our School

Army Public School Mumbai enthusiastically participated in the prestigious **Melange festival**, organized by G.D Somani. In the event called Charisma, which aimed to discover a shining star, Ananya Nair emerged victorious and was crowned Ms. Talent, showcasing her exceptional abilities.



The boy's Kabaddi team showcased outstanding skills and clinched the first prize. The girl's Kabaddi team demonstrated remarkable talent and secured the second prize.

Reaping Rewards: Reveling the Achievements of Our School



Times NIE collaborate with India Selection Round for the **World Memory Championship (WMC) 2023** which is happening across various Schools in India. The WMC 2023 is approved by International Association of Memory, Germany which is the Global Governing Body of Memory Sports. 6 students Sparsh Santosh Karle 6B, Akshat Kumar 7B, Amey Sanjeev Mandave 7B, Sparsh Negi 7B, Shaik Karimulla 8A and Vedant Sambhaji Mehetre showed extraordinary performance and received medals and Armature certificates in different categories like Fictional Dates, Spoken Numbers, Speed Numbers and Hour Cards.



Reaping Rewards: Reveling the Achievements of Our School



Anjali Choudhary – X A
Elocution(Hindi)



Amey Panda – VI B
Elocution(English)



Raghav Gupta – VIII A
Elocution(Hindi)



Raghav Sinha – VIIIA
Essay(Hindi)



Gargi Goswami – IX B
Poetry(Hindi)



Chris Mathew – VI A
Slogan Writing(English)



Vaishnavi VII B
Slogan Writing(Hindi)



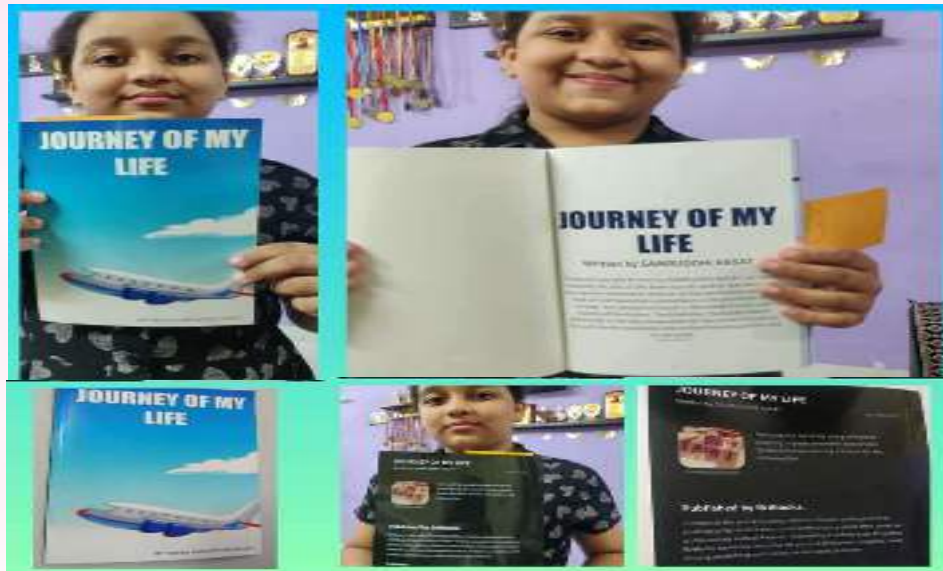
Aisha Kathat – IX A
Slogan Writing(Hindi)



Aksheta Ghosh – XII A
Slogan Writing(English)

Vigilance Awareness Week : The week-long Vigilance Awareness Week, was celebrated from 30th October to 5th November 2023, resonating with the resounding theme - "Bhrashtachar Ka Virodh Kare, Rashtra ke Prati Samarjit Rahe, Say No to Corruption, Commit to the Nation." The week-long celebration was a powerful tool in spreading awareness among the wider public about the damaging consequences of corruption. As a part of Vigilance Awareness Week, students of Army Public School, Mumbai from classes 6th to 9th, took part in various competitions which included Hindi and English Elocution, Slogan and Essay Writing, as well as Poetry Composition in both languages during their CCA periods. The school is proud to announce that the following students won prizes:

National Young Authors' Fair 2023



Students participated in the National Young Authors' Fair 2023 (NYAF 2023) which is a book-writing and publishing event for students. Through NYAF 2023, students got the opportunity to write, and publish books using the AI-driven BriBooks.com platform. Through this platform students will also be able to publish and promote their books, embarking on a journey as EntrepreneurAuthors.

A book written by Paridhi Mandal student of 6th B titled, "A Valley of Adventure," was also published.

Another book was written by Samruddhi Kasat Student of class 7th B titled, "Journey of My Life"

field Trips

The Times Group's initiative, **Day-out at Radio Mirchi**, was a roaring success, providing an invaluable opportunity for students to engage in hands-on learning and gain practical insights into the world of mass communication. The event aimed to bridge the gap between theoretical knowledge and real-life application, while also introducing students to the dynamic realm of radio broadcasting and its associated careers.



Exploring the Financial Heartbeat of India: A Visit to the Reserve Bank

On 18th Oct 23, the students of Class XI and XII Commerce Section embarked on an educational excursion to the Reserve Bank of India, the apex financial institution of our country. This visit provided them with invaluable hands-on information about monetary and financial assistance, as well as insights into the process of minting currency. It not only broadened their understanding but also provided a window into the dynamic realm of monetary policies and financial management



Visit to Gateway of India

On 17th Oct 23, the students of Class 5th and 6th from Army Public School Mumbai undertook an enriching educational excursion to local heritage site, the Gateway of India. The objective of the visit was to instil a deep sense of pride and appreciation for our rich cultural heritage among the students. Witnessing the tangible remnants of our cultural legacy instilled a sense of pride.



Exploring Mani Bhavan - Mahatma Gandhi's Legacy

On 17th Oct 23, the students of Class 5th and 6th set out on an enlightening educational visit to Mani Bhavan, a historic building and museum dedicated to the life and legacy of Mahatma Gandhi. Situated on Laburnum Road in the Gamdevi precinct of Mumbai, Mani Bhavan stands as a testament to India's relentless pursuit of independence from British rule. They delved deep into the life of Mahatma Gandhi, understanding the core values that shaped his ideology.



Exploring Diversity: A Field Trip to Temple, Gurdwara, and Somnath Vatika

Exploring Diversity: A Field Trip to Temple, Gurdwara, and Somnath Vatika

On October 13, 2023, a field trip was organized with the aim of reinforcing experiential and contextual learning. Field trips serve as a valuable tool to enhance classroom learning by providing students with real-world connections. The itinerary included visits to significant places like Shiv Mandir, Station Gurudwara, and Somnath Vatika. The trip included visits to a Temple, a Gurdwara, and a local garden, providing the young learners with a first-hand experience of different faiths and the beauty of nature. The primary objective of this field trip was to promote cultural understanding, religious tolerance, and environmental awareness among the young students.



IIMUN : Visit to Shanmukhananda Auditorium



IIMUN, Back to School Series

The I.I.M.U.N's Back to School Series event held on Friday, 21st July at Shanmukhananda Auditorium in Mumbai was an extraordinary opportunity for students to interact with Indian cinema's iconic personalities. This event aimed to inspire and educate the youth by bringing together prominent figures from the entertainment industry. Renowned filmmaker Karan Johar, along with youth icons Ranveer Singh and Alia Bhatt, graced the occasion to engage in a captivating dialogue with the enthusiastic students. This pro bono series emphasized the importance of conversations with knowledgeable individuals, equivalent to the knowledge gained from reading numerous books.

Visit to Tata Institute Of Fundamental Research



On the occasion of National Science Day, students accompanied by their Science Teacher, had the privilege of visiting Tata Institute of Fundamental Research, Mumbai. The Superconductivity Lab showcased experiments related to the phenomenon of superconductivity, where they saw Plasma, the fourth state of matter. In addition to this, they visited various other laboratories.

Exploring crystal growth, photonics principles, nanotechnology, computational microscopy, and material chemistry in various labs underscores the interdisciplinary nature of scientific research and innovation, emphasizing the significance of technological advancements celebrated on National Science Day.

The students also had the opportunity to interact with Ph.D. students from various sections of the TIFR lab, where they learned invaluable lessons on maintaining focus during lab work. They gained insight into the creative thinking required, the development of techniques, and the exploration of their interests that a science lab provides.



Visit to Nehru Science Museum



The visit to the Nehru Science Museum by the eighth and ninth-grade students was both instructive and educational. The museum offered a plethora of interactive exhibits, scientific demonstrations, and informative displays that captivated the students' interest. They had the opportunity to learn about various scientific principles through:

- Chemistry demonstration (celebrating chemistry week)
- Odyssey show- journey of space crafts
- SOS- sphere of space (about the solar system)
- 3D show- Under water species through animation

Various Galleries- technology, space aviation, historical evolution mathematical and making the subject matter more engaging.

It was a valuable experience that will undoubtedly inspire their future pursuits in the field of science and innovation.



Air Show held at Marine Drive

Army school students of class VII and XI had attended the air show held at Marine Drive.

The Indian Air Force kicked off an air show at Mumbai's Marine Drive on 13th January 24. The event was a part of an outreach program, designed to foster a deeper connection between the IAF and the local community. The aim was to create awareness about the IAF's capabilities and professionalism. 'Sarang' aerobatic team of the Indian Air Force put on a spectacular performance. Their display was part of the air show at



Marine Drive, captivating the audience with their precision and skill. The air show is not just about aerobatics. It also features a diverse range of aerial activities. These include a flypast and a low-level aerobatic display by the Su-30 MKI. 'Akshaganga' team also performed freefall and parachute displays. These displays add another dimension to the air show, demonstrating the versatility of the IAF. The Air show is a coordinated effort between the IAF and the Government of Maharashtra.

In addition to the Su-30MKI, the air show also showcases the talents of the Suryakirna Aerobatic Display Team (SKAT) and the "Sarang' Helicopter display team. Their performances are a testament to the skills and capabilities of the IAF.



Visit to Indian Meteorological Department (Colaba), Mumbai



Army Public School students of class 8 went for an educational visit to Indian Meteorological Department, Mumbai on 15 Jan 2024. Department completed 150 years of working; hence they organized this visit for school children. The students were briefly explained about seismology and the techniques of a series of observational/ weather forecasting work of this department. The working and recording done on Richter scale during earthquake was also explained by IMD staff. The process of calculating minimum and maximum temperatures,

humidity, wind direction, rainfall calculations through rain gauge was explained via instruments. At the end the process of getting information from the satellites and transmitting signals to various organization and department was also told by their staff to our children. It was a wonderful visit organized by school, and students learnt and enjoyed a lot.



Initiatives

Vidyanjali

An education camp was organized at Sau. Usha Devi Pandurang Waghe High School, commenced with an engaging morning assembly led by the enthusiastic Class 8 students. The assembly included inspirational prayer, thought, pledge, national anthem, patriotic songs, and informative announcements, setting a positive tone for the day.



Swachhata Abhiyaan

This initiative aimed to instill a sense of responsibility for a clean and green environment in the young minds.



Initiatives



Sanskar foundation, Climate Change and Tree Plantation

Shruti Vashistha, a dynamic speaker from the Sanskar Foundation, delivered an insightful presentation on the ever-changing climate and the critical role of tree plantation. With great passion, she emphasized the urgency to address environmental challenges. Engaging the students, Mrs. Vashistha enlightened them about the significance of trees in combating climate change and preserving biodiversity. To encourage practical action, she conducted a hands-on workshop on making seed bombs. The students were excitedly involved, learning how these seed bombs could contribute to greening the environment. The event successfully instilled a sense of responsibility and appreciation for nature, motivating the young participants to actively contribute to a sustainable future.

Initiatives

National Deworming Day 2024

National Deworming Day 2024 was celebrated on 10th February at Army Public School, Mumbai. Dr. Nivedita from Ayush hospital, MG n G area, delivered a talk on deworming, emphasizing the importance of good hygiene and sanitation practices. Deworming tablets were distributed to each class teacher along with their class representative. It was a successful campaign, promoting the health and well-being of the school community.



Parenting Session for parents of Primary Section

An interactive session on the topic 'CONNECT before you CORRECT' was conducted in the School Auditorium, for the parents of Primary School. The aim of the workshop was to create awareness about the holistic development of the child and the significance of parent participation in the process and help them deal with the emotional, behavioural and academic challenges of their children.



Initiatives



Van Mahotsav

An exciting and educational event took place at Army Public school Mumbai, where students from different classes participated in the “Van Mahotsav”. The objective of this activity was to promote environmental awareness and encourage students to develop a love for nature.

HPV Vaccination Drive

The HPV vaccination drive for Army Public School girls was conducted successfully, aiming to protect students from Human Papillomavirus infections. In collaboration with health authorities, the school administered HPV vaccines to safeguard students' long-term health. The initiative educated parents and students about the vaccine's importance in preventing cervical cancer and other related diseases. With strong participation and support, the campaign enhanced health awareness and promoted a culture of proactive healthcare among the students of Army Public School.



Initiatives

Swachhata hi Seva Campaign

As initiated by the Swachhata Hi Seva Campaign - 2023 as a part of this special campaign a cleanliness drive was conducted in the main school campus, roadsides, back-lane waterbodies, and bus stands. It was a rewarding experience for the students and they enthusiastically participated in the campaign.



Awareness session on Menstrual hygiene

Dr. Kunjal Bhatija, a distinguished gynecologist, and Lt Col Saminder Malik, an accomplished lecturer with expertise in Obstetrics and Gynecology Nursing, were honored guests at the Army Public School, Mumbai. Their informative session on menstrual hygiene and health provided invaluable awareness to our students. Dr. Bhatija's medical insights and Lt. Col. Malik's nursing expertise combined to offer a comprehensive understanding of this crucial topic. Their engaging presentation broke barriers and created a safe space for discussing menstrual health, leaving a lasting impact on our girls.



Initiatives

Apashist Mukta Sainya Abhiyan

A program was organized by APS teachers and students, where pupils were educated about Solid Waste Management through an informative presentation. The students enthusiastically participated, providing thoughtful answers to questions. Empowering children, who represent the future leaders and policy shapers, is the most effective way to start the journey towards a more environmentally sustainable tomorrow.

The students subsequently shared their newfound knowledge with the conservancy staff of the school. In addition, a street play was performed by class VI students during the assembly, aiming to engage and educate their peers about responsible waste segregation.



Initiatives

Road safety Week

Aps, Mumbai celebrated Road Safety Week with the students of Class 6 and 7. Resource person Mrs Shruti Vasishtha from Sanskar Foundation conducted a seminar for the students on traffic rules.

She was accompanied by the Police officers and constables who sensitised the students about various Road safety rules in an interactive session.

Students actively participated with great enthusiasm and asked many questions which were effectively answered by the officials.



Pariksha Pe Charcha Program

The students of Army Public School, Mumbai enthusiastically took part in Pariksha Pe Charcha organised by the honourable Prime Minister on 29th January 24. The informative session saw an active participation of 400 students and 30 teachers in the school auditorium.

This program aimed to ease the pressure often felt during exams and make learning a more pleasant experience for our future leaders. The honourable Prime Minister patiently addressed all the queries posed by the students, providing insightful responses. He emphasized the significance of maintaining a healthy routine, including adequate sleep and nutrition, for optimal learning and overall well-being.

The session saw lively discussions and exchanges of ideas between students and teachers, enhancing the learning experience. Such sessions are crucial for nurturing a positive learning environment and should be conducted more frequently in the future.



Special Days & Assemblies

World Earth Day:

The World Earth Day assembly was an exhilarating event that brought together the entire school community to reflect on our responsibility to protect the planet.



Indian Heritage Day:

Indian Heritage Day was celebrated in our school. The primary classes participated in various activities to raise awareness about the significance of cultural heritage and its preservation.



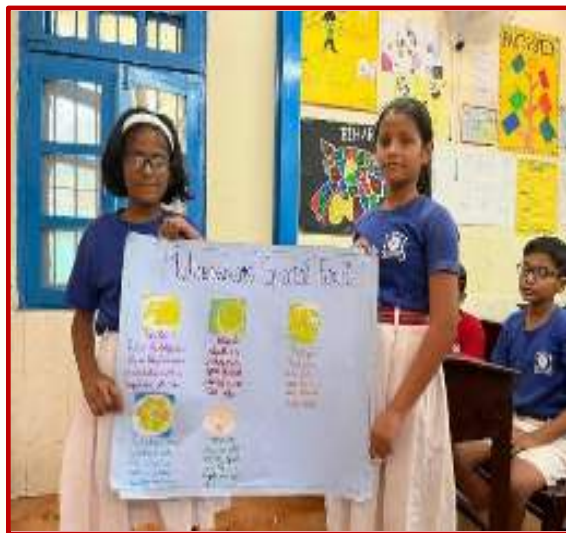
AWES Day:

Army Public School Mumbai celebrated a special assembly to mark the occasion of AWES Day. The assembly started with a welcome song, which was followed by a speech on the significance of AWES Day.



Maharashtra Day Celebrations:

Army Public School Mumbai organized a vibrant event On May 3rd 2023, focusing on Maharashtra's rich culture, heritage, and traditional cuisine



Global Forgiveness Day:

On Global Forgiveness Day, the vibrant and compassionate students of class 2B celebrated forgiveness during their morning assembly with great enthusiasm. They began by sharing heartwarming stories that emphasized the power of forgiveness in healing relationships and promoting peace.

Independence Day:

On August 15, 2023, our school celebrated the 77th Independence Day with immense joy and enthusiasm. The school campus was adorned with colorful flowers, vibrant balloons, and fluttering flags, creating a festive atmosphere.



Special assembly on successful landing and completion of Chandrayan 3 mission:

The smooth landing of Chandrayan 3 has touched each and every heart of an Indian and with great pride we have become the first ever country to land on the lunar south pole on moon. An assembly was conducted to commemorate this historic achievement.



Gandhi Jayanti:

On 2nd October, in honor of Gandhi Jayanti, the students, along with the teachers, conducted a Special Assembly to pay tribute to the life and teachings of Mahatma Gandhi.



Grandparent's Day Celebrations:

APS Mumbai celebrated Grandparent's Day by extending a warm welcome to the cherished grandparents of our little ones.



Children's Day:

Children's Day commenced with a special assembly that created an atmosphere of excitement among the students. The assembly featured a captivating magic show, leaving the children enthralled with amazement.



Constitution Day :

The occasion was celebrated in all its solemnity. The assembly ground echoed with the words, "We the people of India." The students actively engaged in a listening activity quiz centered around the Constitution of India, enriching their understanding of this foundational document. The students actively participated in e- reading of preamble.



Millets Day:

As part of the International Year of Millets, students happily shared healthy millet recipes with friends at lunch. This fun activity not only taught us about the good things in millets but also made us feel like a big, happy family. It was a day filled with yummy food and smiles, showing us that healthy eating can be delicious and fun



Makar Sankranti, Lohri and Pongal:

The theme of assembly was to display the cultural harmony of our country to children. The message was conveyed in the form of skit. The students participated enthusiastically and were delighted to learn about each other's cultural attire.



Best out of Waste:



The Students showcased their creativity and commitment to sustainability through a remarkable "Best out of Waste" activity. With an aim to promote recycling and reusing, the students transformed discarded materials into innovative creations.

Budding Chefs:



This club provided a platform for young learners to explore the world of salad making, discover nutritious ingredients, and develop culinary skills.

Army Day:

To enlighten the students about the importance of this day, a small Role-play act was performed by the kids of class 2B, wherein they represented famous Army soldiers and enlightened everyone with their sacrifices and culminating with a heartfelt expression of gratitude in their concluding speech.



National Tourism Day:

The students represented different states of India namely Punjab, Rajasthan, Kerala, Mizoram, Maharashtra and New Delhi to name a few. They extended invitations to all, sharing information about the tourist attractions in their respective states.



Republic Day Celebration:

The special assembly on Republic Day was conducted on 26th January 2024 in Army Public School, Mumbai, which saw the excited participation of teachers, students, and parents. The students displayed their patriotism through various cultural performances and activities.



Solar Cooker Making:

Eager participation from the students was observed as they undertook the task of making Solar Cookers. Under the guidance of their class teachers, the students demonstrated keen interest and dedication towards this eco-friendly initiative. Prior to the practical session, the class teachers sensitized the students about the significance of solar energy and its role in sustainable development by engaging in this activity, the students contributed towards fulfilling the Sustainable Development Goals (SDGs), particularly Goal 7: Affordable and Clean Energy.



Fancy Dress Competition:

The Fancy Dress Competition centered around the theme of the Kargil War, commemorating the "Kargil Vijay Diwas" was a successful and illuminating Co-curricular Activity (CCA) for the primary classes, instilling a sense of nationalism among the students.



Bookmark Making:

The primary classes of Army Public School engaged in a delightful Co-Curricular Activity (CCA) focused on bookmark making. Under the guidance of their teachers, the students meticulously crafted personalized bookmarks using an array of colorful materials.



Flag and Badge Making Activity:

The Primary Class students enthusiastically engaged in a vibrant Flag and Badge Making Co-Curricular Activity . This engaging activity was designed with the noble purpose of cultivating a deep sense of patriotism and nurturing school spirit among the young learners.



Leaf Collage Activity:

The young artists enthusiastically collected vibrant leaves of various shapes and sizes from the school garden. Guided by their teachers, they arranged the leaves into imaginative patterns on sheets of paper, creating beautiful collages.



Toran Making Activity:

Students engaged in Toran making, an art form that involves creating decorative door hangings. Students learnt about traditional crafts and gained an understanding of cultural aesthetics.



Local to Global:

नई Soch- Local to Global includes a plethora of events that will help inculcate competencies and abilities in the children of today. It will also empower the youth of the country with globally relevant skill sets that will enable them to excel in their future endeavors.



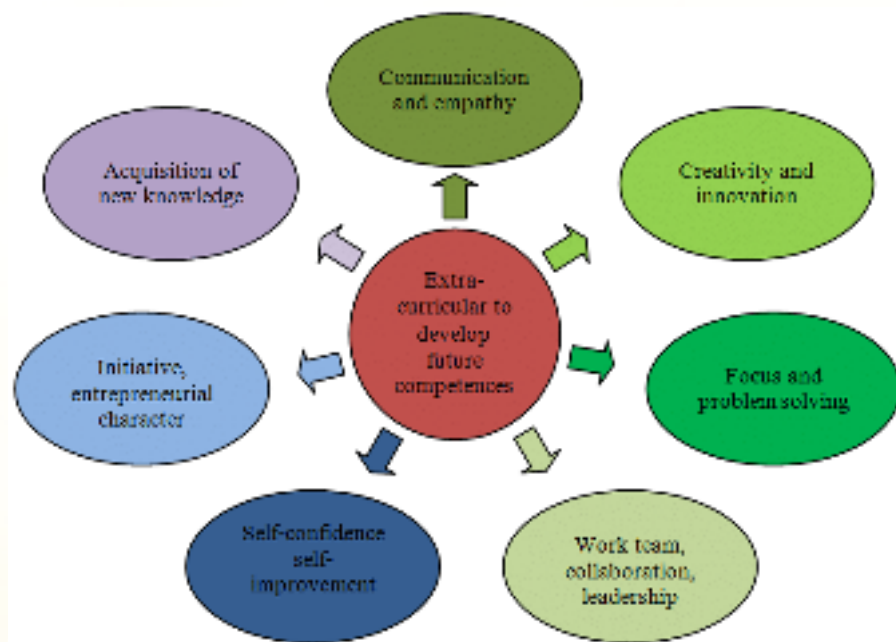
Entrepreneurial Learning at 'Multiverse of Madness' – Food Fiesta:

Amidst the vibrant atmosphere of the 'Multiverse of Madness' event, Food Fiesta extended an invitation to all food enthusiasts to embark on a heroic culinary adventure.



Kite Making Competition:

The CCA kite-making activity at Army Public School engaged classes 1 to 5, promoting creativity and teamwork. Students crafted colourful kites, fostering artistic expression and a collaborative learning environment.



Inter House Competitions

Singing Competition

The primary Inter House Song Competition was a delightful showcase of potential talent and musical passion. Young students from different houses participated eagerly, bringing their infectious energy to the stage.



Yoga Competition

The competition was on the basis of flexibility, balance, strength and Grace of Posture. Each team well represented their asanas with proper posture, expression and gestures.



Football Competition

The Intra House Football Finals for boys from 6th to 8th grade was an electrifying and action-packed event. The atmosphere was filled with excitement and anticipation as the two competing houses clashed on the field.



Basket Ball Competition

The enthusiastic participants showcased their basketball skills, determination, and teamwork on the court. The atmosphere was electric as the two competing houses displayed their agility, quick reflexes, and strategic moves.



SPORTS ACHIEVERS 2023 - 24



SANTOSH KUMAR BEHERA (XIIB)

1st in 1500 m Run (CBSE Cluster Level)



SUMIT KUMAR BEHERA (X B)

1st in 3000 m Run (CBSE Cluster Level)

2nd in 1500 m Run (CBSE Cluster Level)

2nd in 3000 m Run (MSSA Athletic Meet)

2nd in 1500 m Run (MSSA Athletic Meet)

1st in 3000 m Run (DSO Athletic Meet)

1st in 1500 m Run (DSO Athletic Meet)



TANMAYEE GHUGE (XI A)

2nd in Boxing Competition (DSO)



RAHUL SINGH (X B)

1st Javelin Throw (MSSA Athletic Meet)

2nd Javelin Throw (DSO)

3rd in Javelin Throw (CBSE Cluster Level)



DAKSH VERMA (VIII B)

1st in Shotput (DSO)

INTER SCHOOL COMPETITIONS (GAMES & SPORTS)

Our Champions brought laurels to the school by winning several medals and trophies in various Inter school competitions:

Sr. No.	Name of the Event	Organizer	Category	Outstanding performer	Achievements
1.	Cluster IX , Athletic Meet 2023-24, held at Sanjay Ghodawat International School, Kolhapur, Maharashtra	CBSE	Boys Under 19	Santosh Kumar Behera (XII B)	1 st in 1500m Run.
			Boys Under 17	Sumit Kumar Behera (X B)	1 st in 3000m Run. 2 nd in 1500m Run.
			Boys Under 17	Rahul Singh (X B)	3 rd in Javelin Throw.
2.	MSSA Annual Inter School Athletic Championship 2023-24, held at Mumbai University Sports Pavilion, Marine lines, Mumbai.	Mumbai School Sports Association	Boys Under 16	Sumit Kumar Behera (X B)	2 nd in 3000m Run. 2 nd in 1500m Run.
			Boys Under 16	Rahul Singh (X B)	1 st in Javelin Throw.
3.	Melange-Total 5	G.D Somani Memorial School. (Melange-5)	Senior Boys (Kabaddi)	-	1 st in the tournament
			Senior Girls (Football)	-	1 st in the tournament
			Senior Girls (Kabaddi)	-	2 nd in the tournament
4.	Inter school Athletic competition, 2023-24, held at PDP ground, Mumbai.	District Sports Office, Govt of Maharashtra (Mumbai District Level)	Boys Under 17	Sumit Kumar Behera (X B)	1 st in 3000m Run. 1 st in 1500m Run.
			Boys Under 17	Rahul Singh (X B)	2 nd in Javelin Throw.
			Boys Under 14	Daksh Verma (VIII B)	1 st in Shotput.
5.	Inter School Boxing competition 2023-24, held at BKC Complex, Mumbai	District Sports Office, Govt of Maharashtra.	Girls Under 17 (57-60kg weight category)	Tanmayee Ghuge (XI A)	2 nd in the Mumbai District competition.
6.	Inter School Football competition 2023-24, held at Karnataka Sporting ground, Mumbai	District Sports Office, Govt of Maharashtra.	Boys Under 14	-	Team came 4 th in Mumbai District competition.

Coaching: Annual summer coaching camp was organized from 19th June 2023 to 24th June 2023 for Athletics, Basketball, Football, Handball, Cricket, etc with the aim to select and train students for upcoming events. Athletics, Football and Basket Ball Coaching was organized for Inter school competition before school hours. The students were provided with all possible guidance and support from school and special classes and camps were held throughout the session. Inter class races for classes 1 & 2 were organized on 14th November 2023 and also Cycle hurdle race and Inter class Football match were organized.

-Humayun Afroz Alam (PET)

HIGHLIGHTS OF SPORTS & GAMES – INTER HOUSE

Various Inter House Sports and Games competition were organized in the school during the year 2023-24.

Sr.No	EVENTS	CATEGORY	POSITION
1	Kho-Kho	Senior Boys (VII to XII Std.)	1 st Ashoka House. 2 nd Ranjit House. 3 rd Pratap House.
2	Kho-Kho	Senior Girls (VII to XII Std.)	1 st Pratap House. 2 nd Shivaji House. 3 rd Ranjit House.
3	Kho-Kho	Junior Boys (III to VI Std.)	1 st Ranjit House. 2 nd Shivaji House. 3 rd Ashoka House.
4	Kho-Kho	Junior Girls (III to VI Std.)	1 st Ranjit House. 2 nd Ashoka House. 3 rd Pratap House.
5	Football	Senior Boys (VII & XII Std.)	1 st Ranjit House. 2 nd Ashoka House. 3 rd Pratap House.
6	Football	Senior Girls (VII & XII Std.)	1 st Pratap House. 2 nd Ranjit House. 3 rd Ashoka House.
7	Football	Junior Boys (III to VI Std.)	1 st Ashoka House. 2 nd Ranjit House. 3 rd Pratap House.
8	Basketball	Senior Boys (VII to XII Std.)	1 st Ashoka House. 2 nd Shivaji House. 3 rd Ranjit House.
9	Basketball	Senior Girls (VII to XII Std.)	1 st Ranjit House. 2 nd Shivaji House. 3 rd Pratap House.
10	Throwball	Senior Girls (III to VI Std.)	1 st Ranjit House. 2 nd Pratap House. 3 rd Shivaji House.
11	Table Tennis	Senior Girls (VII to XII Std.)	1 st Ashoka House. 2 nd Shivaji House. 3 rd Pratap House.
12	Table Tennis	Senior Boys (VII to XII Std.)	1 st Ranjit House. 2 nd Pratap House. 3 rd Shivaji House.
13	Athletics	All age groups (I to XI Std.)	1 st Shivaji House. 2 nd Ranjit House. 3 rd Pratap House.
14	Cricket	Junior Boys (III to VI Std.)	1 st Pratap House. 2 nd Shivaji House. 3 rd Ranjit House.
15	Cricket	Senior Boys (VII to XI Std.)	1 st Ranjit House. 2 nd Shivaji House. 3 rd Ashoka House.

ANNUAL SPORTS DAY

The students of Army Public School, Mumbai gathered at the Kohli Auditorium, Colaba to celebrate the Annual Sports Day. The day was graced by the presence of Mrs Damneet Kaur who honoured the chair of the Chief Guest while Colonel Pankaj Kumar Upadhyay was the Guest of Honour.

The events off the day began with the Welcome Song followed by the March Past where the students of classes 8,9 and 11 participated. The students set the atmosphere of the day by marching elegantly with pride and dignity. The Principal of APS , Lakshmi Madhuri Chatti took the salute and Head Boy administered the oath to the participants. Following the march past, was the Welcome Drill performance by the tiny tots of classes 1 and 2. The harmonious melody of the school choir, welcomed the audience and the dignitaries. The ground was filled with the tunes of Abhivadan and Su Swagatam. The Taekwondo performance where the students of the school mesmerized the audience by breaking tiles. Keeping in mind the necessity of health and wellness, the students of classes 3 to 11 performed an array of drills comprising of Lezium, Saree and used props like hoola hoop and the brightly colored Japanese fans to weave sheer magic all over the ground. The school paid its salute to the army with the Ode to the Nation, where the students depicted how the Indian army protected the frontiers of the country and also helped the nation by building infrastructural amenities. This event was followed by a rush of adrenaline amongst all present as the students ran the races. With the houses cheering for the participants, the ground came alive. In the end, a race for parents was organised (Garland Race) along with the races for the adopted school as a part of Vindyanjali initiative. In all there were 30 Track events, 7 Field events and 6 races organised. The show ended with the trophies being awarded to the winners and the best marching house trophy was enviously bagged by Ranjit House. The Abhay-Akshank trophy for the best sports house went to Shivaji House. The event concluded by Head Girl extending the Vote of Thanks to the attendees.



ANNUAL DAY

Army Public School, Mumbai celebrated its Annual Day on 23rd January 24 with grandeur and enthusiasm, showcasing the theme "Hued Horizon: Navigating Love, Peace, and Nature."

The event proved to be an enthralling journey, transporting the audience to different corners of the world. The spectators were invited to secure their seatbelts and prepare to be swayed by the voyage around the world.

Through performances, the audience was transported from different states of India to the Land of the Rising Sun, Japan, then to America and South Korea, finally landing back in India. All these were part of the Hued Horizon, where the sky meets the earth, presenting a beautiful array of values, symbolizing the diverse colours and cultures of the world.

The little ones from the pre-primary wing of Army Public School, Mumbai, showcased their adorable moves, dancing to lively tunes from the UAE.

The performances carried profound messages on environmental conservation, unity in diversity, and the importance of safeguarding Mother Earth. The various dances from different states of India and diverse cultures around the world captivated the audience. In addition to these themes, the students also addressed contemporary issues, shedding light on the challenges of screen addiction. The performances emphasized the significance of instilling the right values in students for their holistic development.

Students walked the ramp, creatively displaying various moods and elements representing our planet's diverse landscapes.

The Annual Day was a powerful reflection of the school's commitment to instilling values, awareness, and a sense of responsibility in the hearts of the students. It truly demonstrated the spirit of "Hued Horizon," encouraging everyone to navigate the path of love, peace, and nature for a better world.





PRATAP HOUSE

House Motto : “Green India, Clean India”



“Success is from walking failure to failure.
Inspiration does exist but it must find you working”.



CAPTAIN
MUDRANSH GOSWAMI



VICE CAPTAIN
RADHA GOSWAMI

PREFECTS:



Suyash Patil



Hannah Susan Sam



Tanish Dagadkhair



Kudrat Hoon

Pratap house enthusiastically swung into action in the year 2023-2024. It participated in various competitions and performed very well. Many laurels were bagged by the Pratap house by participating in various inter house activities like **first position in Inter-House Patriotic group song Competition, second and third prize in Hindi Debate and Solo Song Competition.**

Pratap House did very well in sports too and many medals were won by winning the **first position in Junior Boys Football, Inter- House Yoga competition, Senior Girls Kho-Kho and second and third Position in Senior Girls Basketball and Junior Girls Kho-Kho** matches. The team spirit and sportsmanship exhibited were truly commendable and exemplified the highest standards of athletic conduct.

“It's not about winning or losing a competition; it's about beating the doubt from within yourself and knowing at the end of each day you are one step closer to your goals.”

HOUSE MISTRESS: Mrs Maitri Soni

ASHOKA HOUSE

House Motto : "Work Is Worship"



***CAPTAIN
SIDHI PANDE***



***VICE CAPTAIN
NIKESH YADAV***

PREFECTS:



Gargi Goswami



Aisha Kathat



Saurabh Kumar Pathak

The academic year 2023-2024 proved to be an eventful and challenging for Ashoka House, with students demonstrating enthusiasm and excellence in academics, cultural activities, and sports. The inter-house competitions yielded impressive results, with Junior and Senior secondary students winning 1st and 3rd place in Kho-Kho, bringing proud moments to the house. Similarly, in the inter-house yoga competition, students from Junior and Senior secondary clinched the 1st and 3rd positions, showcasing their skills and giving a strong competition. Additionally, students from Ashoka House actively participated in various other competitions, such as the inter-house patriotic song competition, inter-house Hindi debate competition, inter-house Model United Nations debate focusing on Climate sustainability and energy of India, inter-house quiz competition on G20, and inter-house solo song competition on the themes of Nature and My India. These competitions saw students from Ashoka House competing fiercely with other houses, highlighting their talents and strengths.

As we reflect on the year that has passed, I am filled with pride and gratitude for each and every one of you. Your commitment to excellence and teamwork have been truly commendable. I am confident that with such dedication and spirit, you all will continue to achieve great things in the future.

HOUSE MISTRESS: Mrs T Shailaza

SHIVAJI HOUSE

House Motto : "Knowledge is the Bliss of Life"



CAPTAIN
YASHASWINI SINH



VICE CAPTAIN
ISHWAR KOHLI

PREFECTS:



Bidisha Mondal



Sana Fatima



Ayaan Singh



Shreya Gaikwad

This year the students of Shivaji House have not only maintained but elevated its standard of excellence. Through collaborative efforts, innovative solutions, and a commitment to our shared objectives, the students have achieved significant milestones. The students have lived up to the spirit of their house colour which signifies joy, happiness, optimism, idealism, imagination, hope, sunshine, gold, philosophy and friendship to accomplish their goal and built an ambience where they have welcomed with open ideas and opinions from all the aspects.

Shivaji house has bagged the "Sports House Trophy", 2nd price in English Debate, 3rd price in Interhouse Debate Competition, 2nd price in Mixed Relay, March Past and also 2nd prize in Interhouse Cricket Competition (both in junior and senior). These all things were not possible without the support of House Teacher, House Captain, Vice-Captain and the Prefects which are the guardians of discipline, the custodians of camaraderie, and the architects of fellowship. We look forward for the next academic year with the same irreplaceable house spirit in our hearts, and the house moto in our minds.

WE ARE NOT A TEAM BECAUSE WE WORK TOGETHER. WE ARE A TEAM BECAUSE WE RESPECT, TRUST AND CARE FOR EACHOTHER.

HOUSE MISTRESS: Ms Bharti Rai

RANJIT HOUSE

House Motto : "Live and Let Live"



CAPTAIN
NIKHAL DHORAN



VICE CAPTAIN
GEETA

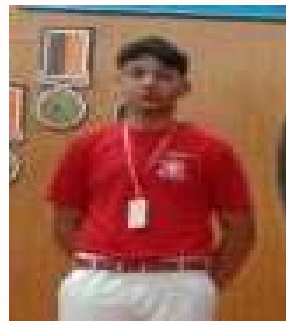
PREFECTS:



Srishti



Vaishnavi Algat



Vivaswan Chauhan



Rajashree Behera

"TALENT WINS GAMES BUT TEAMWORK AND INTELLIGENCE WINS CHAMPIONSHIPS"

Every competition, every event brought new challenges and responsibilities. Ranjit house students faced every challenge with grit and courage because winning or losing never concerned us, our sole aim was to give our best. The students displayed great enthusiasm and participated in all the activities with great zeal and ardour.

Ranjit House bagged the prestigious awards for the year 2023-2024 i.e. **"THE BEST MARCHING HOUSE TROPHY in Sports Day and 'OVERALL CHAMPIONSHIP HOUSE TROPHY'** for academic year 20213-24.

The members gave their full support and cooperation and that was reflected in the achievements in all the activities during the session. Activities like yoga, debate, dance, drama, solo singing, group singing, quiz, MUN etc were organized. The students showed their skills and were able to bag prizes in almost all the competition. Their constant endeavour was reflected in the results as they came out triumphant in all the competition and excelled in all the activities during the academic session 2023-24. All these achievements have been possible due to team work and dedication of House teachers, prefects and students. I extend my sincere thanks to one and all for their support and motivation.

We hope to continue with this tradition of success and achievement and also look forward to improve and elevate.

HOUSE MISTRESS: Mrs Priyanka Singh

Rekindling Connections: APS Mumbai Alumni Talk

Alumni gathering took place at Army Public School, Mumbai on February 10th, where former students gathered to reconnect in the School Auditorium. The atmosphere was filled with laughter and shared memories as attendees shared stories of their successes and fond moments from their time at the school.

The alumni gathering consisted of a diverse array of professionals, including doctors, Army and Indian Navy officers, merchant navy personnel, lawyers, and corporate managers. With such a varied mix of backgrounds and experiences, the session provided a rich experience of learning opportunities. Students eagerly absorbed inspiration and valuable tips from their seniors, each of whom shared their unique and inspirational journey. The atmosphere was highly interactive and full of discussions as attendees drew from the wealth of experience present in the room.



Principal expressed gratitude to the alumni for their ongoing support and presented a token of appreciation. The event highlighted the strong sense of community among the alumni, highlighting a bond that transcends time and distance. It was a heartening occasion that celebrated the enduring connections and achievements of the school's alumni network.

OUR ALUMNI - OUR PRIDE

Name : Sqn Ldr Preji Raju VM(G)
Pass out year : 2002-2006
Designation : Squadron Leader in Indian Air Force



It gives me immense pleasure and joy in sharing those wonderful and delightful days of my life in APS Mumbai. Though I left the school in class 9 due to my father's posting, I strongly believe that the values and lessons I learnt here helped me tremendously in my 10th and 12th results. It's almost 20 years but it still shoots goosebumps in me when I recollect the smallest of events that happened in my life in this school. I'm really grateful to the teachers of my time who actually took that little effort to mend us and show us our right paths.

To name a few of my close mentors, Afroz sir, Bharti mam, late Kiran sir, Dutta mam and Sarabjit mam, these are few names and faces that I will never forget. Though Miss Bharti had given me few whacks when it was needed, I realised it later in life that, it was never personal and she was doing her duty diligently. I still remember how Afroz sir consoled me when I was heartbroken over a rejection from my crush, it brings smile to my face now.

Today I'm a pilot in the Indian Air Force and also accoladed with a prestigious President's award, Vayu Sena Medal (Gallantry) in the year 2021. I owe a great amount of my achievements to my dear teachers in APS Mumbai and how their values impacted my life, not just to be a thorough professional but also to be a good human. I can proudly say that this is the best school life I can remember of, among all other APS schools I've been in and I'm pretty sure that each and every kid studying in this school will cherish every moment of their lives here. All the best buddies.

Jai Hind



'A dream in our eyes and love for all, A spirit of joy in being the change'

Name : Sudhir Panigrahi
Post : Marine Engineer in Merchant Navy
Pass out year : 2008

I still remember the first day I joined Army School as a small infant in Class 1. Vasanti mam, my first class teacher used to care and guide us throughout the day's activity. I cannot forget the moment when I scored from rank 18 to rank 01 in the final exam of class 2, and how happy the faces of my parents and my teacher Miss. Hemlata was because of my achievement. This happiness motivated me further to achieve good marks and excel in my studies which was supported by the teachers in every class, be it Bharti mam, Jayshree mam, Sanhita Dutta mam, Manju Jain mam, Afroz sir, Late Kiran sir, Sunil Sir and many more. They not only taught me about their respective subjects and also gave me immense knowledge about life values and how to tackle the situations that arise in life. Because of these valuable lessons I am able to handle work pressures and deal with situations that arise in my daily life today. They taught me how to handle responsibility by handing over the post of School Head Boy. Army school not only awarded me these gem teachers but also gave me some gem friends who I love and cherish them to be in my life. We still celebrate our happiness and share our sorrows with each other like those golden days in school. I would really like to thank Army school for building and shaping us in such a manner to grow, breathe and live with such ease in such a competitive world. I would like to end with some lines as follows: " To Army school we sing today, the school we love so well". The school and teachers that are forever in our hearts.

Thank You.

OUR ALUMNI - OUR PRIDE

Name : Dy Comdt Priyaranjan Singh (Rtd)
Pass out year : 2009
Position : Captian, Akasa Air



I am writing to express my deepest appreciation for the incredible work that everyone is doing at Army School Colaba. As an alumni, I have been consistently impressed by the dedication, passion, and excellence demonstrated by each member of the school community.

Beyond academics, My School fosters a culture of inclusivity, respect, and diversity. The emphasis on character development and leadership skill equips students with the tools they need to succeed not only in their academic pursuits but also in life.

In addition to the faculty and staff, I want to acknowledge the tireless efforts of the administration in creating a safe and conducive learning environment. Their strategic vision and unwavering commitment to excellence have positioned Army School Colaba as a beacon of educational excellence in our community.

As a proud member of the Army School Colaba family, I am immensely grateful for the profound impact that this institution has had in my life.

After passing out of School, I completed my Commercial Pilot License and got Selected in flying Cadre of Indian Coast Guard in my Frist attempt. I was awarded "Best in Flying" trophy during my training. I have flown for more than 3300hrs including various missions, Currently I am flying Boeing 737 MAX for Akasa Air Airlines.

I would thank Army School Colaba for their unwavering dedication, passion, and commitment to nurturing the next generation of leaders, thinkers, and innovators.

OUR ALUMNI - OUR PRIDE

Name : Maj Anil Kumar
Pass out year : 2007
Position : Major(Dr) in Indian Army



It feels a great pleasure and a touch of nostalgia when you visit your Alma mater after almost 17 years and sit in the same class from where you have started your journey. APS Mumbai and its teachers have always been a constant pillar for me throughout my journey from 2003 as a small kid to a mature doctor. I would like to express my gratitude to the teachers and seniors for their constant support and guidance. Your mentorship has been invaluable in nurturing both my personal and professional life.

School life is a period of formation of character, mind and body on sound lines. The impressions which I got during my school life remained with me throughout my life whether it was good , bad or unique. My school life prepared me to develop good habits as well as right and rational thinking. It had made me duty bound and obedient. During the school days, I have developed an interest in playing games, staging dramas, debating, quizzing and other extra curricular activities. I am a good debator, orator, athlete and at the same time, I hold top position in the class in academic field. All qualities of head and heart have earned a profound love and respect for my teachers who have encouraged me in all possible ways.

A special appreciation of thanks to Afroz sir for his unwavering guidance and letting me to represent the school in various athletics activities. Sir, your vision for overall performance of the student in all activities has been a guiding light for many students like me and I am truly grateful to the trust you placed in me.

It is a great honour for me to serve as an alumnus of one of the prestigious schools of the country. I wish great success to the young bright students who are in hands of an experienced, dedicated and caring teachers. All the best to my School to flourish in all its colours.

Jai Hind!

OUR ALUMNI - OUR PRIDE

Name : Ramdas Kadam
Pass out year : 2012
Position : Software Engineer (LtiMindtree -LNT)



It has been 12 years I left Army School after being a part of it for 12 years. Infact saw the school become one of the best in front of my eyes being a part of it.

People say good schools can change your life but for me my school was my life. There is a difference between studying in some school and studying in Army School, Mumbai. It's all because of teachers and management, the support they provided all the way. They went extra mile just for us like after school hand writing improvement session, someone may think I will cover my syllabus but no this doesn't happen like this here.

Children here were given multiple platforms to come ahead and showcase their talent, I remember when there was voting system kept for House Captain, Vice Captain and other posts were we had to go to each and every class room and speak why should they be voting for us, teaching us to fight the fear of public speaking & giving us an idea of how democracy works.

Even after winning multiple medals for the school I had to go through rigorous process of public speaking, written test & interview by principal and panel where many questions were asked to see how we react in those situation, teaching us life lesson even if you good at something you still need to keep proving yourself time and again.

We had a chance to be ourselves here at Army School, Mumbai.

Some of the inspiring words by our teachers :

Sunil Sir - When you are on the ground forget about studies we are there for you when you come back.

Afroz Sir - When you go for any competition it's not you it's the school that we represent it's not you who wins medals it's the school, Entire school will take pride in it.

Sanhita Dutta Mam: There are many students that may be good in sports but are the one who can score good marks too ?

Special thanks to our former Principal Mrs. Anushree Ghose.

Backbone of the our school - Afroz sir , Sunil sir, Dutta mam, Bharthi Mam, Jayshree Mam, Usha Mam, Sai Mam, Kusum Mam, our beloved late Kiran sir.

Wish had Time Machine I could go through those 12 years again.

Unlocking Knowledge : Exploring School library

“Libraries store the energy that fuels the imagination. They open up windows to the world and inspire us to explore and achieve, and contribute to improving our quality of life. Libraries change lives for the better.” – Sidney Sheldon

The American writer and director Sidney Sheldon perfectly describes how inspiring libraries are in this wonderful quote. A library has always played a significant role in the overall development of student by nurturing their creative imagination. Our school library is well equipped with print and digital books. In order to foster the love for learning, nurturing curious minds and shaping the future leaders of tomorrow diverse and enriching activities has been conducted throughout the academic year in school library.

Library orientation: School library orientation is a crucial introduction to the treasure trove of resources and services available to students. It familiarizes them with library layout, borrowing procedures and empowering them to navigate the library effectively. Through orientation, students learnt how to harness the library's resources to support their academic endeavours, fostering a culture of curiosity and lifelong learning.



Reading activities: To achieve the primary goal of library services, that is to promote reading among students reading activity like Read-it -aloud, reading eBooks, newspaper reading was done throughout the year.



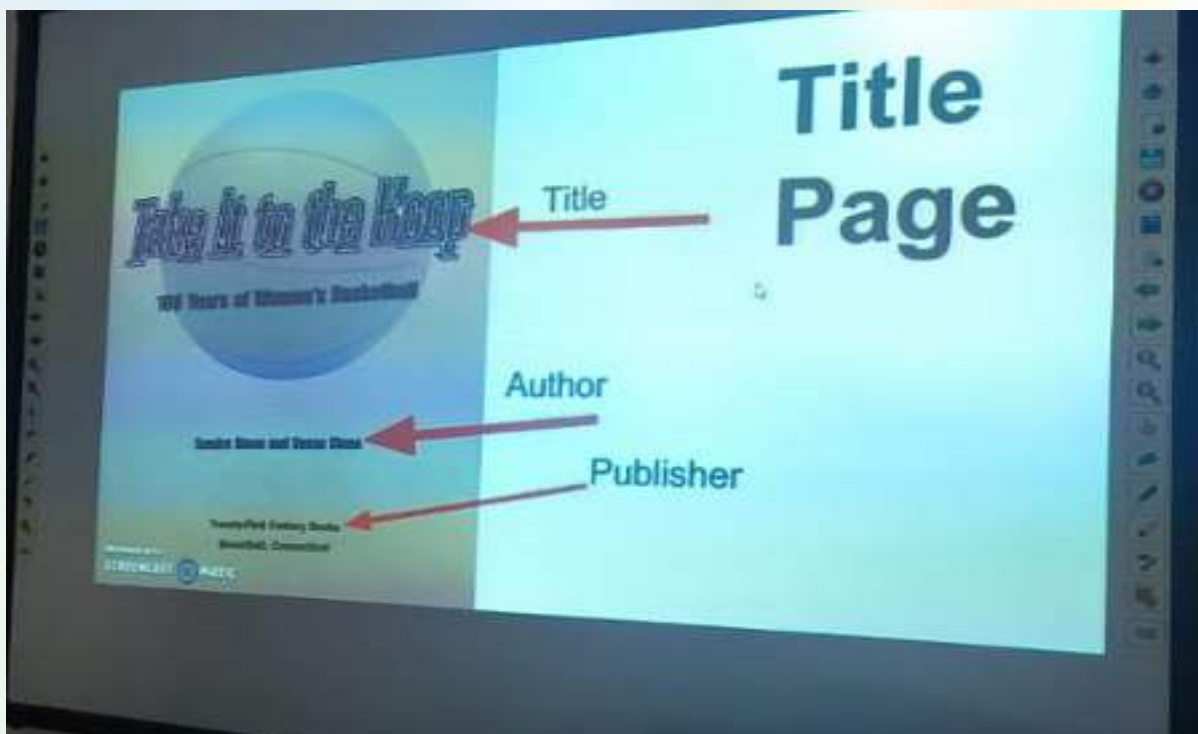
Introduction to Globe: The globe activity in the library offered students a unique opportunity to explore geography and global awareness. By engaging with globes, students visualized the Earth's continents, oceans, and countries in a tangible way, enhancing their understanding of geographical concepts and cultural diversity. Through hands-on exploration, students develop spatial reasoning skills and a deeper appreciation for the interconnectedness of the world.



Introduction to Encyclopaedia: Encyclopedias are invaluable resources that provide concise and reliable information on a wide range of topics. Introducing students to encyclopaedia activities in the library opens doors to a world of knowledge and exploration. This activity aims to acquaint students with the structure, content, and utility of encyclopaedias, empowering them to conduct research effectively and broaden their understanding of various subjects.



Parts of a book: "Parts of a Book" activity in our library was a hands-on learning experience where participants explored the anatomy of a book. Students identified the cover, spine, title page, table of contents, chapters, glossary, copyright page, index and back cover. This interactive session fostered a deeper understanding of how books are structured and enhanced their library literacy skills.



Story telling: activity it is a holistic approach to language teaching and support natural acquisition of language this activity was conducted so that's students got engage and motivated to understand and find out the new words and structures it has them to develop critical thinking.



How to use a dictionary: This activity was an informative session aimed at empowering students with dictionary skills. Through guided exercises, students learned how to efficiently navigate a dictionary, locate words, understand pronunciation guides, interpret word definitions.

Book review session: School library provided students with a platform to express their thoughts and opinions on books they've read. Through guided prompts and discussions, students learned how to craft insightful reviews, focusing on summarizing the plot, analysing characters and themes, and sharing personal reactions.



Draw favourite book character: This activity is a great way to encourage reading creativity and artistic expression all at a same time. Through this activity students learnt to connect with one of their favourite stories characters.



No Brainer show: To mark the launch of “Diary of a Wimpy Kid: No Brainer,” the 18th title in the globally acclaimed series, **Jeff Kinney**, the renowned author and illustrator conducted **THE NO BRAINER SHOW** at Sophia Bhabha Auditorium, Mumbai on December 10th. Our school librarian Mrs. Manisha Sharma was invited to share the stage and play the ‘Rockstar librarian segment game’. He felicitated the librarian on stage and make a donation of books for school library. It’s an honour for our school that our librarian was a part of this fun filled event.



Mrs Manisha Sharma
Librarian

STEAM CLUB

Summer Camp was held for the students between 19th June 2023 to 24th June 2023 for class 6 to class 10.

The aim of the camp was to introduce the concept of AI and Robotics to the students. The students were taught various concepts and applications about human vision and computer vision, how self-driving car works, make ML models using images in Teachable Machine etc



Amongst the coding languages, Python was introduced to the students which helps in building various AI applications. Using Python, students coded the famous “Rock, Paper, Scissors” game.



The students also learnt to design webpages using HTML and created a static webpage with colors in the background. As a part of fun learning activity, the students were taught how to use the 3D printer to build a physical model. The students enjoyed operating the 3D printer and built a small model of “Gateway of India”



Throughout this academic year, students have embarked on numerous STEAM projects, showcasing their creativity and innovation. Here, we present a selection of these inspiring endeavours.

Mop Robot:

Mop robot is helpful for cleaning purpose. It has ultra sonic sensor which can also avoid obstacle. This robot can be controlled with a remote. Mop also helps humans to clean their surroundings without getting up from the chair. It also has a water dispenser which dispenses water and wet cleans it.

It has 3 features A, B, C. A option is manual operation by remote. B option is full cleaning of surroundings with obstacle avoidance. C option is cleaning specific area.



Carrier Control Car:

The 'Object Carrier Car' (also known as Jody) will help you in carrying objects which are heavy and are required to be carried to a farther distance. This car can carry objects without any human intervention. Which means, one can control this car without being physically present at that moment.

Furthermore, if there is any obstacle in front of the car obstructing it to go further, then using the ultrasonic sensor present in it, the car will alert the controller of the car by blinking LED lights and using the buzzer present in it.



Delivery Drone System:

This drone acts as a delivery executive for easy and fast emergency delivery of medical things on various locations, where delivery boy cannot reach quickly or some places which is not easily accessible by the executive. This drone can also be used to deliver medical supplies quickly. We are using Arduino as flight controller and remote as receiver.



In conclusion, the STEAM club serves as a catalyst for the holistic development of children, fostering their intellectual growth by nurturing their innate curiosity. Through engaging in a diverse array of projects and activities, students not only acquire essential skills but also cultivate a passion for lifelong learning. The journey within the STEAM club not only equips them with technical know-how but also instills critical thinking, problem-solving abilities, and a deep-seated confidence to navigate the challenges of tomorrow's world. It is within this nurturing environment that young minds flourish, poised to make significant contributions to society and beyond.

**Mrs Anusha Karandikar
PGT (IP)**

Breaking the Silence: Mental Health Awareness at APS Mumbai

“Mental health is a journey of self-discovery and growth.”

In recent years, there has been a growing recognition of the importance of mental health awareness and support in schools. APS Mumbai has always given due importance to aspects of integrating mental health and has taken concrete form through Mental Health Awareness Programmes dedicated to promote mental well-being and awareness among students, parents and staff alike. One of the primary goal of the programme is to break the silence surrounding mental health by removing the stigma and misconceptions through open and honest conversations and developing resilience and making early intervention possible. The steps taken are gaining momentum and hope to bring a supportive environment for students in school. The programme has gained attention for the comprehensive approach and positive impact on student's lives. The **glimpse** into the key components of the programme in **collaboration with mental health professionals, parents, community organisations** are enumerated below:

1. Awareness Campaign:

Focus on importance of '**Resilience**' was given through a special assembly in which a real life story example was highlighted of the legendary swimmer Michael Phelps and also recited in the form a hindi poem 'Koshish karne walon ki kabhi haar nahi hoti'. Another assembly giving due impetus to the aspect of **mental health issues** and seeking help at the right time was showcased in innovative street play by children. Besides that talk on **bullying, developmental disorders, overcoming exam anxiety** etc. were imparted.



“Koshish karne walon ki kabhi haar nahi hoti” (Poem)



Talk on Overcoming Exam Anxiety



Street Play "Vicharon ki bandish"

2. Educational Workshops:

The mental health is an important aspect not only in students but parents and teachers too, keeping that in mind focused workshops for all the stakeholders were carried out. Details are as appended below:

- a. **Workshop for Students:** A dedicated workshop on how to handle stress and face the examinations with a positive attitude was carried out. Besides that to address the burning issue of procrastination, a specific workshop was conducted to identify the need of overcoming it, ways and strategies to handle it was given. Also, the information on Safe and Unsafe touch was given in an interactive session.



b. **Workshop for Parents:** Workshops for parents on topics like Understanding Adolescence, Connect Before you Correct were conducted in the context of rising mental health and behavioural issues, in order to create awareness on the importance of connecting with our children by understanding, supporting and spending quality time with them.



c. **Workshop for Teachers:** To equip the teachers in handling mental health issues of students for aspects concerning Inclusive Education, Poor school performance and Learning Disability, Multiple Intelligence and Its Application in Classroom, POCSO act and Child Sexual Abuse, etc. were carried out in collaboration with various experts from the respective fields. These sessions were really helpful and it ensured the enhancement of mental health awareness among teachers and equipped them with providing a supportive environment in school.





3. Documentaries :

To give a visual learning and understanding of real life challenges the medium of documentaries was shown to students on lives of inspiring personalities like **Mary Kom** and **Arunima Sinha** who are epitome of positivity and courage.



4. Celebration of Mental Health Week:

The Mental Health Week was taken as a platform to mobilise the efforts in support of mental health and it was celebrated in school in the month of October. Various events like Mindfulness activities, campaigns, relaxation techniques, nature walk, yoga, meditation, special assembly, expert talk etc. were conducted.



Meditation



Dance



Nature Walk

5. **Partnership with community resources:** The students from APS Mumbai who volunteered in Sankalp Special School Sports day definitely showed their altruism and initiative by enthusiastic participation in the event.



Visit and volunteering in Sankalp special school

6. **Promotion of healthy habits:** The topics highlighting the healthy habits were included in the counselling classroom sessions and presentations. The issues like bullying, anger and stress management, goal setting, self-control, gratitude, SWOT analysis, study skills, sleep habits, etc were touched upon during these periods with the help of PPTs, videos, stories, worksheets, questionnaires and discussions

7. **Counselling and Special Education Assistance:** The APS Mumbai endeavour is to ensure that mental health is given equal importance like physical health of a student. The counsellor and the special educator has carried out all aspects of mental health by ensuring individual student academic planning, goal setting, classroom observations, lessons based on student success standards, short-term counselling, referrals for long-term support and collaboration with families/teachers/ administrators/ community for student success, advocacy for students at individual education plan meetings and other student-focused meetings, data analysis to identify student issues, needs and challenges, acting as a systems change agents to improve equity and access, achievement and opportunities for all students.

8. **Feedback Mechanism:** The impact of important sessions on parents taken with the help of Google forms, feedback from students taken on their academic learning, experiences, and well-being and Survey regarding exam stress and anxiety for students through google forms have helped to identify and support those students undergoing issues and its analysis was carried out to chalk out future courses of action.

Conclusion: Mental health awareness in schools is not just a trend but a fundamental necessity for nurturing the holistic development of students. By investing in mental health programmes, fostering a culture of openness and support, schools can play a vital role in promoting positive mental health outcomes and creating a conducive learning environment for all students.

Mrs Hajisha Hussain
Counsellor

PRE PRIMARY WING ARMY PUBLIC SCHOOL, MUMBAI

APRIL

School celebrated Earth Day Week with special assembly for entire week. Every day in assembly a social message about the importance of protecting the planet was given to children. Save Water, Plant trees, Say no to Plastic, Three R's and earth day pledge.



Mrs Harkiran Kahlon, Zonal President AWWA visited school. She was briefed about the daily functioning of school. She interacted with children and teachers. Goodie boxes were handed over to children. Mrs Kahlon was briefed about the upcoming repair works and scope of the work. As a token of appreciation for the hardwork and contributions to school, Grp D staff and office staff were presented gifts by Mrs Harkiran Kahlon. High Tea was organised.



MAY

School celebrated International Labour Day on 1st May. Students were enlightened about the contributions of labourers to our society. Learners expressed their gratitude by participating in card making activity and the cards were handed over to school staff.



JULY

School orientation conducted for parents for all sections.

To commemorate Kargil Vijay Diwas, the students of all classes and participated in various activities. The importance of Kargil Vijay Diwas was explained to students in morning assembly. Students sang patriotic song and filled the entire atmosphere with patriotism.



AUGUST

Friendship Day, a day dedicated to celebrating the bonds of friendship was joyfully observed at Army Pre Primary School. One of highlights of the celebration was the exchange of handmade friendship bands. The event successfully promoted the values of empathy and appreciation for each other.

The School premises were adorned with tricolor decorations, and a variety of activities were organized to instill a sense of pride among the participants. The day began with a solemn flag hoisting ceremony in the school courtyard.

OCTOBER

Annual Medical examination conducted for children in association with SHO. Children were sensitized on topic “Daan Utsav” in morning assembly.



Enactment of Hindu epic –RAMLEELA organised for children at Kariappa Auditorium. Teachers had done the enactment.



the presence of teachers, staff and students. The singing of National Anthem by all the attendees echoed the spirit of unity and freedom. Following the National Anthem a series of cultural performances were presented by students from various classes. The performances included patriotic songs, speeches, group dances and skit that depicted unity in diversity of our country. To enhance the festive spirit, sweets were distributed among all students and staff. The participation of students, teachers, and staff made the celebration truly memorable and impactful.



A educational activity, the “Health and Hygiene Collage Making” was organised to raise awareness among the learners about the importance of maintaining good health and hygiene practices. The activity aimed to engage students in a hands-on experience while imparting valuable lessons on personal well being.



SEPTEMBER

As part of cultural enrichment program a temple visit was organised for children. The visit provided them with opportunity to learn about different cultures and traditions.

NOVEMBER

A colouring and drawing competition was organised for students. The theme given to them was “Diwali Diyas”.



The students were taken on an educational visit to Savidha Market. The children were accompanied with teachers and ayah didis where they explored different market sections, various goods and services offered. The visit served as a practical extension of classroom learning.



An Awareness program was organised for parents of all classes on “Good Touch Bad Touch”. The session included presentation and interactive discussions. The primary objective of program was to make parents understand the importance of communication with their children, and empowering them to create a safe space.



School organised a Gurudwara visit for children aligning with our school's value of diversity, respect and cultural understanding. Students accompanied with teachers visited station Gurudwara. The visit included guided tour of Gurudwara premises, explanation about Sikh beliefs and practices, observing religious ceremonies like Ardas and Kirtan.



Children's day was celebrated at school nursery hall to honour and cherish the spirit of childhood. This day was made memorable through a captivating magic show aimed at entertaining and delighting our students. Children were thrilled and fascinated by the magical displays.



DECEMBER

The Annual School Sports Day was held on 21st December along with the senior school at Kohli Stadium. The dynamic and vibrant event showcased the athletic prowess, teamwork and camaraderie among our students. Parents, teachers, and fellow students came together to support and cheer for the participants, creating a lively and encouraging atmosphere.





JANUARY

Patriotic song competition was held to encourage patriotism among childrens. Childrens participated in the competition and different types of patriotic songs were presented by students. Certificates were given to winners.

Pongal, MakarSankranti and Army Day was celebrated. The school premises were adorned with colorful decorations. The special assembly was conducted. The vibrant, colourful attires and innocent smiles brightened the ambience and lifted the spirit.

The Annual Function was held on 23rd January along with the senior school at Capt. M N Mulla Auditorium. Students of class Nur, LKG and UKG participated in annual function and gave a wonderful performance.





FEBRUARY

'Show and Tell' Competition was held. The children came with their favourite toy and spoke a few sentences on it.



Renovated P-30 building was inaugurated by Sr Patron APPS, GOC, HQ MG & G Area.





A field trip was arranged for children in which the children visited Veer Mata Jijabai Bhosle Udyan (Zoo). They saw different types of animals there and enjoyed the trip a lot. Four AC buses were arranged to take children to the zoo.



Scholastic and co-scholastic activities have an equal importance in school programme for the all round development of the child. APPS conducted the Fancy Dress competition for the children of class Nursery, LKG and UKG. The purpose of conducting the competition was not only to blend learning with fun but also to develop confidence in the students by giving them an opportunity to speak in front of their own classmates. Children were dressed in their colourful costumes and spoke a few sentences on the character that they depicted. The effort and hard work of children was highly commendable.





In every heartbeat, her love resides
A Sheltering harbour where affection abides
Through whispered lullabies and tender embrace,
Her unwavering love, a constant grace
In moments of joy or sorrow's embrace,
Her love, a beacon, a guiding base.
With gentle hands and
soothing voice,
She fills my world with
boundless rejoice
A mother's love, an endless
stream,
Forever cherished, in my
heart's dream.



Dravya Sanap
(I - A)



In life we have to do something,
We plan just to go to rills,
but we have to face sea thrills.
In life we have to think,
how can we have a friendship link?

Once it was a June months vacation,
My friends were not there on my location.
I was happy in my kite flying play,
but the wind came and spoilt my day.
I thought why wind had came?
I had anger and nature to blame.

But now when I became an adult boy,
It is a happy moment of joy.
I start musing over the game which I had played,
But now I know it is necessary to wind to
be laid.
But unknowingly on that day I blamed
the nature
I miss a lot those childhood days
forever....



Aarush Bhuiyar
(V - C)



Hope grows everywhere,
No time, no bound.
It's all just rubbish,
Unless it's really found.
What is its use?
If one can't see,
That hope has the ability,
To make a seed into a tree.
Hope can make flowers,
Bloom after dark.
If one learns to see this,
They'll never lose their mark.
Hope is never really lost,
It's just always testing one.
If you have the hope to find it,
Then you will shine bright like the
sun.
I hope you all understand,
Hope is not just a word.
Hope gives you the freedom,
To fly high like a bird



Parnavi Gangaw
(VII-A)



AN ODE TO ECONOMICS **From Palampur to Alfred Marshall**

It was in 9th that economics was introduced,
With the story of palampur,
And how it may be of use,

Mistaken was I to think,
That economics could be done with a blink,
As the real economics entered in eleventh
And made us all think,
About Alfred Marshall and his things

It started with PPF and a graph,
That suddenly stifled our laugh,
It was only downhill from there,
'Cause it made us drown in despair.

Law of Diminishing Marginal Utility,
Made us question our own capability,
We studied all for futility,
As for once, our exams were based on probability

However,
It's not all been that bad,
As the subject has also made me glad

Let's raise a toast to a subject
That has made me mad,
But also made us understand
About Supply and demand.



Ishaan Karthik M
(XI-B)



Sitting at a window side,
Many people sitting beside.
I thought of my home,
But oh! Dear it felt like Rome.
Is it a happy place?
Is it my happy place?
No, it's like a glass of favourite
But missing an ingredient.
I envy those,
Who have their place called home.
Because I'm away,
That I search it in chrome.
My mind says changes are must,
But my heart says it's all dust.
It all left me in tears.
My fears embodied in tears.
My body is all in rust
My core feels like crust.
But I know changes are must,
I know changes are must.
That I know changes are must,
And I know that they are must!



Km Neha Bisht (XII-A)



Amidst the tumultuous tides of life, Sofia, a young maiden, found herself awash in a sea of troubles. Adrift and without a compass, she sought the wisdom of an ancient sage who imparted the teachings of the Vedas. Through the sacred hymns, Sofia glimpsed a new horizon, a vista of hope and renewal. The Vedas revealed that oftentimes, we magnify our troubles, obscuring the solutions that lie within our reach. Such a mindset can lead to despair and isolation, but we must remember that no matter how lost we feel, a guiding light is always there to illuminate our path. In the depths of our struggles, we are never alone, and a higher power is always present to guide us through the darkness. As the old adage goes, "The night is always darkest before the dawn." Let us not be consumed by our troubles, but rather, let us seek the light that shines within. With every obstacle, there is a path forward, and every challenge can be transformed into an opportunity for growth. The divine path reveals the positive aspect of every negative, and with this knowledge, we can walk with hope towards a brighter tomorrow.

Even in the midst of adversity, we must strive to discover the lessons that are buried within. By embracing the potential for growth that comes with every challenge, we can transform our mindset and manifest the means to overcome any obstacle. This is the divine path to inner peace and happiness. Remember, every problem is an opportunity in disguise, and with the right attitude, we can conquer all that lies ahead.



Anjali Chaudhary (X-A)

I never tell her
 How much I appreciate her
 She does everything so selflessly
 I wonder how she does it so effortlessly
 How could someone be like that
 Truly, I am blessed to have a mother like that
 From dealing with my tantrums
 To helping me with all my problems
 From teaching me great life lessons
 To supporting me in every venture
 She is the person I would be thankful to forever
 If there is one person I can always trust, it's my mother
 If there is one person with whom I can truly be myself, it's my mother
 If there is one person who will always want the best for me, it's my mother
 So I want to be a daughter who would help her with every matter
 A daughter who would always strive to achieve better
 And a daughter who would make her proud



Yashaswini Shinh (XII-B)

EMMA'S YOGA STORY

There are experiences in life that call on you to find a strength you never thought you had. For many who practice, yoga is the lifeline that connects us with the power within. When we practice yoga, we clear the space to begin to touch base with who we truly are, beneath the story, beneath the tragedy. The following story shows us a glimpse of the positive changes that came in the life of Emma, a college student. It has been her friend, her confidante and her spiritual healer.

Recently Emma have been thinking a lot about the importance yoga has played in her physical and spiritual well-being. "It has seen me through the ups and the downs of high school, the stress of college, the intensity of my eating disorder and my recovery and rediscovery of a more balanced lifestyle." Emma took her first yoga class in her sophomore year of high school. She got a membership and decided to try out some of their classes. Having never been an athlete (in the conventional sense), she was drawn to the flexibility of yoga (a gift that she've been blessed with) and its emphasis on balance. Emma pretended it wasn't her first class and just played along when Cindy – her first ever yoga instructor. She winged her way through the whole class until she found herself laying on her back during shavasana and experiencing what had to have been The Most Euphoric Sensation during a fitness class. Every Saturday morning, she attended Cindy's class and began what would turn out to be a very long and tumultuous relationship with yoga. Up until college Emma had only ever done Hatha Yoga. But when she joined her college gym in her freshman year, she got cocky and signed up for a 16-week, twice-a-week Vinyasa Flow class (Vinyasa stands in opposition to hatha. Hatha classes focus on one pose at a time, with rest in between, whereas, flow classes string poses together to make a sequence). After the first week Emma couldn't move her arms. But her body quickly adapted and before she knew it, Vinyasa Yoga was totally her thing. A few years after college, Emma badly injured her knee (and subsequently her leg and back) while running on a treadmill. This was the height of her exercise addiction and at this point was using yoga as an 'active rest day'. She thought, "Keeping in mind my active rest day meant doing a 90-minute vinyasa flow in the heat." While tackling her injuries in PT, her therapist suggested Emma to try out yoga to help heal her body and reduce her



physical and mental stress. Her therapist reminded her that yoga doesn't always have to be extreme. This is

when Emma discovered the spiritual side of yoga. She started rolling out her mat at home and letting her body guide her practice. "If I couldn't perform something, I took a variation. I slowed down, I listened and, in the process, really connected to the spiritual side of yoga that in turn helped soothe my body and soul."

Back to present, she says, "Yoga was my entry into the intuitive living movement. Rolling out my mat gave me permission to listen to my body, and subsequently I began listening to it even when I wasn't doing yoga." Emma discovered what it meant to be in-tune with how you are feeling instead of pushing it further down into the depths of your head and your heart. She accepted that it isn't always the time and place to do the things that you can. Sometimes the greatest challenge is slowing down and listening. "Each time I step on the mat I'm reminded of where I started and where I am now. I know how to listen to my body which is not something I could have said or done when I first walked into Cindy's class in my high school."

Sometimes we feel separated from our self and from our own body; we feel disconnected. In Yoga, we're uncovering what exists inside of us and we learn to see that what's there is already whole and complete. When you do yoga, your brain cells develop new connections, and changes occur in brain structure as well as function, resulting in improved cognitive skills, yoga strengthens parts of the brain that play a key role in memory, attention, awareness, thought, and language.

"Yoga can't cure everything, but it can help a lot with the process."



ISHIKA TYAGI (X A)

“DREAM BIG, WORK HARD : THE POWER OF AMBITION”



I stand before you today to talk about something that's close to our hearts – dreams.

Dreams have a magical way of sparking our imaginations, giving us a glimpse of what's possible. Today, I want to emphasize the importance of dreaming big and working hard to turn those dreams into reality.

As students in the vibrant journey of class 8, we find ourselves at a crucial stage where our aspirations begin to take shape. This is the time when we start asking ourselves, "What do I want to be when I grow up?" The answer lies in our dreams.

Dreams are like seeds that, when planted, have the potential to grow into something extraordinary. But here's the secret: dreams alone are not enough. We need to water them with hard work, dedication, and a sprinkle of resilience.

Think about the people you admire – the astronauts, scientists, artists, or even successful entrepreneurs. Behind every success story, there's a tale of persistence, setbacks, and unwavering determination. These individuals didn't achieve their dreams by sitting back and waiting for things to happen. They chased their dreams with vigor, facing

challenges head-on.

Class 8 is a stepping stone, a launchpad for our aspirations. It's a time to explore our interests, discover our talents, and set the stage for our future endeavors. So, my dear friends, let's dream big. Dream about the kind of person you want to become, the impact you want to make on the world, and the legacy you want to leave behind.

However, dreaming is just the beginning. The real magic happens when we align our actions with our aspirations. Work hard in your studies, explore various subjects, participate in extracurricular activities, and don't be afraid to take on challenges. Remember, every effort you put in today is a step closer to the dreams you have for tomorrow.

In conclusion, my message to all of us in class 8 is simple – dream big, work hard. Let's be the architects of our destinies, shaping a future that reflects the passion, dedication, and dreams we carry in our hearts.



Debkanta Ghosh (VIII - B)

"PEER REVIEWING FOR KIDS: BEHIND THE SCENES OF CRAFTING CHILD-FRIENDLY SCIENTIFIC PAPERS"

Anushka Mishra of Class 11 has reviewed astrophysics papers for the scientific journal *Frontiers for Young Minds*. In doing so, she has worked with renowned scientists of the field including Nobel laureate Michel Mayor. From providing feedback to suggesting corrections, she has seen the meticulous process of publishing scientific papers aimed to engage children.

The abstract of one of the many papers she has worked on is given below:

Detecting Ghostlike Neutrinos: Tiny Messengers From the Universe

Authors

 [Milind Vaman Dwan](#)  [Karen McNulty Walsh](#)

Young Reviewers

 [Anushka](#)  [Ritik](#)



Abstract

Neutrinos are tiny, subatomic particles. Billions of them pass through us every second—mostly coming from our sun. But unlike the sunlight we can easily see, neutrinos are very hard to detect. To “see” them, we have to build really big detectors and block out signals from any other particles. Scientists do that by building neutrino detectors deep underground. In this article you will learn how these giant detectors can help decode the “messages” these ghostlike particles deliver about the makeup and history of the stars, galaxies, and the universe.



Anushka Mishra (XI - A)



प्रियवर तुम्हे समर्पित करने,
शब्दों में नवरस को घोला
लाए हैं, अनुभव की स्याही,
कलमतुला पे अक्षर तोला
पढ़ो इसे, समझो समझाओ,
ज्ञान है मित्र सखा अनमोला
अक्षर, अजर अमर ईश्वर है,
कोहिनूर से भी अनमोला
जीवन में गर प्रगति ध्येय हो,
पढ़ो किताबों के हिय खोला
ज्ञान ही, वेद, कुरान, बाइबल,
यही गणित विज्ञान भूगोला

पत्रिकाएँ, सदैव से, समाज में संवाद संचार के ताने-बाने का एक महत्वपूर्ण माध्यम रही हैं। वे समाज को समय और स्थान के पार विचारों और खोजों को संप्रेषित करने में सक्षम बनाती हैं; इस प्रकार मानव ज्ञान और समझ का योग धीरे-धीरे बढ़ता है, क्योंकि विद्वत्जन अपने पूर्ववर्तियों के काम को एकीकृत करने, सरल करने, एक ही विषय को अन्यान्य दृष्टिकोण से समझने, प्रश्न खड़ा करने और नव सृजन करने में सक्षम होते हैं और यही साहित्यिक कौशल हमारे समाज को नित नए आयाम देकर समृद्ध शिखर पर पहुँचता है सोचने समझने का दायरा बढ़ता है एक आदर्श समावेशी और सार्वभौमिक समाज का निर्माण करता है इसी साहित्यिक कौशल के ध्येय को साधने हेतु हमारे विद्यालय ने वर्षों पूर्व "प्रगति" पत्रिका का आरंभ किया था जिससे की नन्हे नन्हे छात्रों में लेखन का बीज रोपित किया जा सके।

और नन्हें लेखकों की कल्पना को नेई उडान मिल सके उनके विचारों के नन्हें पौधों को सिंचित संवर्धित कर बड़ा वटवृक्ष बनने में सहायता हो सके। आशा है कि पाठक इसके बाह्य कलेवर पर ध्यान न देकर भावों पर ध्यान केंद्रित करेंगे एवं विद्यार्थियों का उत्साहवार्धत करेंगे। प्रस्तुत अंक को आपके समक्ष प्रस्तुत करने में हमारी प्रधानाचार्या श्रीमती लक्ष्मी माधुरी छत्ती एवं शिक्षक गणों का सहयोग मुझे प्राप्त हुआ है, उनकी मैं अत्यन्त आभारी हूँ। पत्रिका उत्तरोत्तर विकसित हो एवं नई प्रतिभाओं की अभिव्यक्ति के लिए स्थान मिले, पटरी हमारा लक्ष्य है।



भारती राय (HOD हिन्दी)



मेहनत

आज शाम में मेरे मां से बात कर रही थी, और मैंने मां को पूछा, कि, मां, "जिंदगी जीने के लिए सबसे ज्यादा क्या आवश्यक है?" तो मां बोली, बेटा, "मेहनत और कोशिश" ...!

तो मैं मां की तरफ देखती रही....मां मेरी ओर देखके बोली, बेटा, तू सुबह से शाम तक, तुझे दिन भर में जो जो मिलते हैं उन सब की ओर देख फिर वह समाचार पत्र डालने वाला हो, दूध डालने वाला हो, साफ-सफाई करने वाला हो, सब्जी वाला हो, विद्यार्थी या कोई भी शिक्षक हो, वकील, इंजीनियर या डॉक्टर हो, मेहनत किए बिना कुछ भी नहीं मिलता, तुम्हारे

शरीर का वजन कम करना हो या बढ़ाना हो, पढ़ाई में अच्छे गुण मिलाने हो, या खेलकूद में नाम रोशन करना हो, तो मेहनत आवश्यक ही है। मेहनत और कोशिश से हम नामुमकिन को मुमकिन कर सकते हैं। सफलता की सीढ़ी चढ़ सकते हैं, मेहनत और कोशिश के साथ हमें सकारात्मक होनी चाहिए। जब तक आप आपके मन में कोई बात का लक्ष्य नहीं रखते, तब तक वो वह कभी निर्माण भी नहीं होती... "बेटा तूने कहावत तो सुनी है, " मन के हारे हार है, मन के जीते जीत।"

जैसे कि हम महाभारत का उदाहरण ले सकते हैं, अगर अर्जुन के मन में श्री कृष्ण धर्म की स्थापना का, वो दृढ़ निश्चय उनके मन में, जगाते नहीं तो अर्जुन इतने वीरता के साथ बाण नहीं चलाते, और नहीं पांडवों की जीत होती। एकलव्य में हमें, आदर्श विद्यार्थी का रूप दिखाई देता है। एकलव्य ने तो द्रोणाचार्य की मूर्ति बनाकर उसके आगे, दिन रात मेहनत करके, प्रयास करके, धनुर्विद्या सीख ली थी।

बेटा आज का युग तो स्पर्धात्मक युग है। और सच्ची सफलता पाने के लिए, किसी भी प्रकार का शॉर्टकट नहीं होता। अगर अच्छा जीवन जीना है, तो मेहनत और कोशिश करना आवश्यक ही है। मेहनत और कोशिश से आप हर चुनौतियों का सामना कर सकते हो, और इसीलिए बेटा, हमेशा हरिवंश राय बच्चन जी की कविता, "कोशिश करने वालों की कभी हार नहीं होती", यह स्मरण में रखना।

इसीलिए आप आप जितनी ज्यादा मेहनत करोगे उतने अधिक आत्मविश्वासी बनोगे।

कड़ी मेहनत से हमें अनुशासन, समर्पण, और दृढ़ संकल्प, सीखने को मिलता है। कड़ी मेहनत से ही हम हमारे जीवन का लक्ष्य प्राप्त कर सकते हैं। मेहनत से हम नई-नई चीजे सीख सकते हैं। हमें खुशी मिलती है, और हमारा जीवन आनंद से परिपूर्ण बनता है। अच्छा जीवन व्यतीत कर सकते हैं हम ...!!

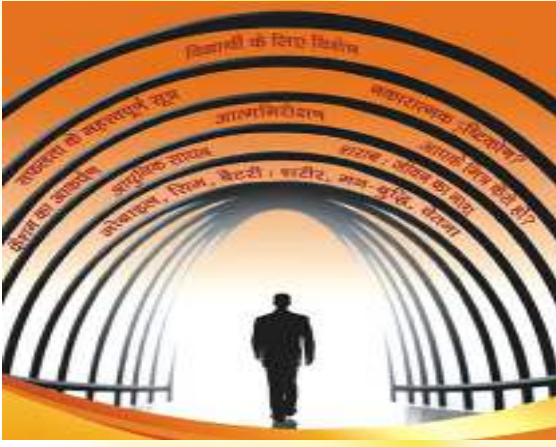
गलतियां करना ठीक है, बार बार प्रयास करना यह भी ठीक है, लेकिन वही गलती में कोशिश करके सुधार लाना भी आवश्यक होता है। और इसीलिए बोला जाता है, "बड़ी मेहनत आपका हथियार है"।

मेहनत और कोशिश से सफलता भी हमारे गुलाम बन जाती है।

मां की सारी बातें सुनकर, "मैंने भी ठान लिया, की अब से मैं भी, बहुत पढ़ाई करूंगी, अच्छे अंक पाने के लिए कड़ी मेहनत और कोशिश करूंगी। मेरे मन में, हमेशा यह बात याद रखूंगी की, "कोशिश करने वाले की कभी हार नहीं होती।"



समृद्धि दत्तप्रसाद कासट, कक्षा (VII-B)



“मछली की कहानी”



“ये जो जिंदगी है”

लोग जलजाते हैं मेरी मुस्कान पर,
मैंने कभी दर्द की नुमाइश नहीं की,
जिंदगी से जो मिलाप हुआ,
किसी चीज़ की फरमाइश नहीं की,
मुश्किल है मेरे लिए,
जीन का प्रदर्शन अलग है,
जब जहां जो मिला अपना लिया,
जो ना मिला उसकी ख्वाहिश नहीं की।
ऐसा माना जाता है कि औरो
के भंडार
कुछ ज्यादा नहीं मिला मुझे
पर खुश हूँ की खुद को गिरा
कर
कुछ उठाया नहीं मैंने !



वैभव ठाकुर (VIII-B)

समुद्र की गहराई में बसती है मछलियाँ,
जैसे रंग-बिरंगी किरणें छिपी हों ज्वाला-ज्योतियों में ।
पाणी के आधार पर होती हैं उनकी जीवन कि परिभाषा,
चुपचाप समुद्र के गहराई में मचाती हैं वे हंसी और आलाप।
जल की लहरों में खेलती है उनकी खेल-कूद,
चमकती है उनकी शैली में जलकर चाँदनी की ख्वाहिशें।
बर्फीली समुद्र के किनारों पर चिलचिलाती हैं मछलियां,
नाचती हैं वे खुशी से, गाती हैं नगमे अपने मन की छाया में।
उनकी आँखों में छुपी होती हैं, कहानियों कि गहराई,
जैसे किसी रहस्यमय दुनिया का खुला दरवाजा हो।

मछलियों की मस्ती से भरा है जल का जीवन,
जीना सीखते हैं वे हर पल खुशियां की भरमार से।
जल के अंदर होता है उनका आत्मा का मेल,
जैसे समुद्र में घुल-मिल गई हो उनकी रूह की ख्वाहिशें।
ऐ मछलियों, तुम्हें समझने की है हमें चाह,
तुम्हारी आवाज में ही बसता है हमारा जीवन का राज।



द्रव्य सनप (I-A)



आगे बढ़ें, बढ़ते रहे।
हर मुश्किल से लड़ते रहे।।
मंजिल बहुत है दूर ।
कड़ी मेहनत से होगी दूर ॥
हौसला अपनी कम न करे।

सारी खुशी मुट्ठी में भरे ॥
आगे बढ़े.....
निर्बल नही बलवान बने ।
जीत अपनी पहचान बना ॥
हिम्मत कभी नहीं हारे ।
पथ अपूनी आसान कर ॥
आगे बढ़े.....



द्रुत कुमार (V-C)



दादी नानी की कहानी,
हो गई अब बात पुरानी ।
ना किसी को है अब सुनना,
ना ही उनको है अब सुनानी । ।

मोबाईल, टी. वी. के चक्कर में,
बच्चे करते हैं मनमानी।
जिद करते हैं मोबाईल की,
नहीं चाहिए खाना-पानी।।

बचपन छूट रहा बच्चों का,
कीमत पड़ेगी बड़ी चुकानी।
पढ़ना-लिखना उन्हें ना भाए,
बैठे-बैठे बढ़ा रहे परेशानी।।

क्या होगा भविष्य उनका,
कैसी होगी उनकी जवानी।
विकट समस्या खड़ी सामने,
है यही बात सबको समझनी।।

संभल जाओ अभी समय है,
गुजर ना जाए सिर से पानी।
दादी नानी फिर से बैठो,
फिर दोहराओ वही कहानी।।

एक वीर था राजा जिसमें,
वीरांगना थी उसकी रानी।
भूल ना जाए देश के बच्चे,
वीर शहीदों की कुर्बानी।।

दादी नानी फिर से बैठो,
फिर दोहराओ वही कहानी।।



रुद्रादित्य गंगावत (I-A)



जम्मू-कश्मीर की संविधान सभा ने 27 मई, 1949 को कुछ बदलाव सहित आर्टिकल 306ए (अब आर्टिकल 370) को स्वीकार कर लिया था। फिर 17 अक्टूबर,

1949 को यह आर्टिकल भारतीय संविधान का हिस्सा बन गया। ध्यान रहे कि संविधान को 26 नवंबर, 1949 को अंगीकृत किया गया था। 'इंस्ट्रूमेंट्स ऑफ़ ऐक्सेशन ऑफ़ जम्मू एंड कश्मीर टु इंडिया' की शर्तों के मुताबिक, आर्टिकल 370 में यह उल्लेख किया गया कि देश की संसद को जम्मू-कश्मीर के लिए रक्षा, विदेश मामले और संचार के सिवा अन्य किसी विषय में कानून बनाने का अधिकार नहीं होगा। साथ ही, जम्मू-कश्मीर को अपना अलग संविधान बनाने की अनुमति दे दी गई। 5 अगस्त, 2019 को केंद्र सरकार ने अनुच्छेद 370 के एक खंड को छोड़कर बाकी को निष्प्रभावी कर दिया था। साथ ही जम्मू-कश्मीर को केंद्रशासित प्रदेशों-जम्मू कश्मीर और लद्दाख में बांट दिया गया। अनुच्छेद 370 हटने के बाद वहां राष्ट्रपति शासन लग सकता है। पहले राष्ट्रपति के पास राज्य सरकार को बर्खास्त करने का अधिकार नहीं था यानी वहां राष्ट्रपति शासन नहीं, बल्कि राज्यपाल शासन लगता था। अब वहां राष्ट्रपति शासन लग सकेगा। अनुच्छेद 370 हटने के बाद कश्मीर में अल्पसंख्यकों को आरक्षण नहीं मिलता था लेकिन अब मिल सकेगा। वहां नागरिकों के पास दोहरी नागरिकता होती थी जो अब खत्म हो जाएगी। अलावा जम्मू कश्मीर में अलग झंडा और अलग संविधान चलता था जो अब नहीं है। संसद में पास कानून जम्मू कश्मीर में तुरंत लागू नहीं होते थे अब वे लागू हो सकेंगे।



रुद्रप्रताप सिंह (VII-B)



इच्छा है मेरी कि पक्षी बन उड़ जाऊँ

इच्छा है मेरी की मैं पक्षी बन ऊड़ जाऊँ

उड़ कर नीले नभ को छु आऊँ

स्वतंत्र होकर चह-चहाऊँ ।

छोटे-छोटे दाने खाऊँ और उन्मुक्त गगन में इतराऊँ।

इच्छा है मेरी की मैं पक्षी बन उड़ जाऊँ

नदी-झरनो पे जाऊँ, मिठा बहता जल पी पाऊँ

शाम होते ही अपने घोंसले मे वापस आऊँ

और सुकून से सो पाऊँ ।

इच्छा है मेरी की मैं पक्षी बन उड़ जाऊँ ।



साक्षी कुमारी (VII-B)



सरस्वतीं च तां नौमि वागधिष्ठातृ देवतां
दैवत्वम् प्रतिपद्यन्ते यदनुग्रहतो जनाः

मम प्रिय ग्रन्थं

मम प्रिय ग्रन्थं आदिकाव्यं रामायणं
अस्ति। अस्य काव्यस्य रचयिता
महर्षिः वाल्मीकि
आसीत्। रामायणे
सप्त काण्डानि

सन्ति। अत्र भगवान् श्रीरामचन्द्रस्य कथा
अस्ति। अस्मिन् समये सर्वे जनाः श्रीराम
जयं इत्यस्य उच्चारणं कृत्वा जयघोषं
कुर्वन्ति। रामायणे श्रीरामस्य पावन
चरितं प्राप्यते।



परिधि मंडल (VI-B)

अहमपि किञ्चित् वक्तुम् इच्छामि

परीक्षायां दिने अस्माकम् सर्वेषां हृदयगतिः
वर्धन्ते। अस्मिन् काले न निद्रा सम्यक
रूपेण आयाति, न बुभुक्षा अनुभूयते, परन्तु
यदि वर्षस्य आरम्भात् एव वयं दत्तचित्तेन
पठामः, प्रतिदिनं पाठस्य अभ्यासं कुर्याम
तर्हि सर्वे परीक्षा भयात् मुक्ताः भवेम।



शिव्या दिवेदी (VIII-A)

परोपकारं

जीवने परोपकारं अवश्यमेव करणीयं
। यदि वयं
निशुल्कं निरक्षरं
पाठयामः,
दीनाय धनं
यच्छामः, स्नेहं यच्छामः, तर्हि वयं अपि
आनन्दं अनुभवामः। प्रकृतिः अस्माकं
शिक्षयति यत् परोपकारः एव जीवनं।
अतएव कथितं - "परोपकाराय इदं
शरीरं"।

राघव कृष्ण सिन्हा (VIII-A)



भाषाविज्ञानं किम्?

सरलतया भाषाविज्ञानं भाषायाः
अध्ययनं, तस्याः कार्यं कथं
भवति, कथं प्राप्ता, जनाः कथं
संवादार्थं उपयुञ्जते इति। यद्यपि
भाषाविदः प्रायः विविधभाषासु

रुचिं लभन्ते, वक्तुं शक्नुवन्ति च तथापि भाषाविदः बहुभाषां वक्तुं
अवगन्तुं च क्षमता न अपितु भाषा कथं कार्यं करोति इति अधिकं
जानन्ति बहुभाषी इति बहुभाषी बहुभाषी। अतः यदि
भाषाविज्ञानं भवन्तं भाषाविशेषाणि न पाठयति तर्हि तस्य
अध्ययनं किमर्थम्?

भाषाविज्ञानं अस्माकं जगत् अवगन्तुं साहाय्यं करोति प्रत्येकं
भाषा एकविधा जातिः इव अस्ति। एतत् विश्वस्य
अद्वितीयसंकल्पनानि गृह्णाति, विचारसञ्चारार्थं शब्दवाक्यानि,
वाक्यानि च निर्मातुं स्वकीयाः मार्गाः सन्ति। यथा यथा वयं
विविधभाषाणां शब्दानां संरचनानां च तुलनां कुर्मः तथा तथा वयं
यस्मिन् जगति जीवामः तस्य अधिकाधिकं अवगमनं
प्राप्नुमः। विश्वभाषाणां जटिलतां केवलं अवगन्तुं विहाय एतत् ज्ञानं
जनानां मध्ये संचारस्य उन्नयनार्थं, अनुवादक्रियासु योगदानं दातुं,
साक्षरताप्रयत्नेषु सहायता, वाक्विकारस्य चिकित्सा च। तथा च,
अवश्यं भाषाविज्ञानप्रशिक्षणं भाषाणां अध्ययनाय, शिक्षणाय च
बहुमूल्यम् अस्ति। भाषाविज्ञानं जनान् सशक्तीकर्तुं अस्मान्
साहाय्यं करोति, यतो हि भाषा वयं परितः
जगत् कथं गृह्णामः, परस्परं कथं सम्बन्धं
कुर्मः इति गृह्णाति, अतः वयं के स्मः इति
परिभाषयति। अस्माकं प्रथमा भाषा
अथवा "मातृभाषा" यस्याः सह वयं
वर्धयामः, सा एव अस्माकं हृदये यत् अस्ति
तत् व्यक्तं कर्तुं प्रयुञ्जते; अस्माकं
हृदयभाषा अस्ति।



आदित्य शर्मा (IX-A)

भारतीय संस्कृतेः जीवनमूल्यानि

1. सर्वे भवन्तु सुखिनः, सर्वे सन्तु निरामया।
सर्वे भद्राणि पश्यन्तु, मा कश्चित्
दुःखभागभवेत्।।

2. अयं निजः परो वेति, गणनां

लघुचेतसाम।

उदार चरितानां तु वसुधैव कुटुम्बकं।।

3. मातृवत् परदारेषु परद्रव्येषु लोष्ठवत्।

आत्मवत् परभूतेषु यः पश्यति सः पंडितः।।



नंदन कुमार (VII-B)

Creative Display of Talent



Aadarsh-7A



Khushi Kumari-7B



Rakshit S.Singh-4B



Kavstav Bharadwaj-7A



Anamika Chauhan-3C



Drishya Rathi-4B



Varsha Itnal-5A



Aniket De-7B



Ankush Kumar Singh-7A



Advik S. Bagde-2A



Nidhi Thakur-9B



Shikha Kumari-4B



Aditya Kumar-5C



Aarush Bhuiyar-5C



Rudraditya G.-1A



Swara Kulkarni-1A



Piyush amanta-2B



Sanjida rahamam-2A



Reyansh c chavda-3A



Daksh rajotia-2B



Bhavay budhwar-1B



The Head Girl Speaks



“We all take different paths in life, but no matter where we go, we will take a little of each other everywhere.”

At this crossroad where I am about to venture on my new journey, I reflect on my tenure as the Head-girl which brings me a mix of emotions—gratitude, nostalgia, and a touch of melancholy. Being appointed the Head-girl within just a year of joining filled me with a sense of humility and confidence in my abilities. Serving at the apex within the school's student community has been both an honour and a humbling experience. I recall with fondness the heartfelt interactions with younger students seeking advice, sharing their feelings, their anecdotes or simply wanting my signature, each encounter adding depth to my sense of responsibility and purpose. Everything I accomplished, especially being the Head girl and graduating from school with the title of "Student of the Year," was made possible by my teachers' and friends' belief in me. My mother once told me, we must never forget that the highest appreciation is not to utter words, but to live by them. As I prepare to bid farewell to school life, I'm struck by a wave of sentiments. The routine chants of "good morning ma'am" in unison, the camaraderie during roll calls, the spontaneous dashes to the grounds during free periods and the canteen's "parties"—all these moments are now cherished memories. While parting ways is bittersweet, I am eager to embrace the opportunities that lie ahead. After learning from my seniors to finally becoming one, I would only advise my juniors to treasure every moment they spend in school and learn lessons from it because it's a beautiful chapter in our life. To APS Mumbai, I offer heartfelt gratitude for the invaluable lessons learned and the countless opportunities provided. You have been my second home, shaping me into the person I am today. This is not a goodbye but a heartfelt thank you for everything.

Vatsala Sinha (XII A)

The Head Boy Speaks



Dear APS Mumbai Community,

As I prepare to say goodbye to this distinguished institution, I am filled with a range of emotions - gratitude, nostalgia, and excitement for what lies ahead.. From the innocent days of 1st and 2nd standard to this pivotal moment of culmination, it's been a complete cycle of growth, learning, and cherished memories. My academic journey here has been nothing short of extraordinary. The guidance and support of our capable teachers, along with the helpful staff, created an environment conducive to both academic excellence and personal growth. Their dedication and the overall supportive atmosphere fostered a familial feeling, making every day at school feel like coming home. But it's not just the academics that shaped my time at APS Mumbai; it's the friendships forged along the way. These bonds, formed through shared experiences and laughter, have been the pillars of support through both the highs and lows of school life. Meeting individuals from diverse backgrounds and ideologies has broadened my perspective and made me a more well-rounded individual.

APS Mumbai stands as a beacon of excellence in education. The managing team, teachers, students, and facilities are all top-notch, setting a high standard for educational institutions everywhere. The constant drive for greater heights has been a tremendous source of motivation, pushing us all to strive for excellence in everything we do.

As I embark on this new chapter in my life, I do so with unwavering confidence, deeply grateful for the guidance of our adept teachers and the unwavering support of my friends. To all students reading this, I implore you to treasure every moment of your school life. Time flies swiftly, so seize the opportunity to savor each experience. The lectures that once seemed daunting now feel like cherished memories to hold onto. Embrace the journey, create lasting memories, and devote yourself to learning with enthusiasm – for in the end, it will all lead to your success and fulfillment.

I extend my heartfelt gratitude to my friends for their unwavering support and for making school life unforgettable. To the teachers, who went beyond the role of educators to become mentors and confidants, thank you for your guidance and encouragement. And to the managing staff, the patron, and the chairman, thank you for your vision and dedication to nurturing young minds.

Adhiraj Johal (XII A)

farewell

The farewell event, organized by the Class 11 of Army Public School, Mumbai on 8th Feb 24, for the students of departing Class 12 students of APS, was a memorable occasion. Held at Cariappa Hall, it was a time filled with emotions, laughter, and fond memories as the school said goodbye to its seniors.

The event began with a warm welcome extended to the Class 12 students by the organizing committee, made up of enthusiastic Class 11 students. A variety of entertaining performances, including music, dance, and skits, were presented by students from different grades, showcasing their talents and creativity.

During the farewell event, the Principal of Army Public School Mumbai, Mrs Lakshmi Madhuri Chatti, delivered inspiring words, reminding students of the journey ahead and the endless possibilities awaiting them.

There was a cake cutting ceremony, symbolizing the sweet memories shared by the departing seniors and their classmates. A memorable video showcasing cherished moments from the students' time together was played, evoking nostalgia and laughter among the audience.

As a special tribute, titles such as Mr. and Ms. APS, Mr. and Ms. Stylish, Mr. and Ms. Talent, and Mr. and Ms. Popular were bestowed upon deserving students, recognizing their contributions and achievements during their time at APS. It was a bittersweet farewell, celebrating the achievements of the graduating seniors while bidding them farewell as they ventured into the next phase of their lives.



Assembly for National Armed Forces Flag Day

MUMBAI (27 September 2023) The students of Army Public School, Mumbai, celebrated an assembly dedicated to National Armed Forces Flag Day. The assembly was held with various programmes and activities, including a quiz competition, a skit, and a group of students performing a play on the significance of the Indian National Flag.



Students were inspired by the National Armed Forces Flag Day and the significance of the Indian National Flag. The assembly was held with various programmes and activities, including a quiz competition, a skit, and a group of students performing a play on the significance of the Indian National Flag.

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Success in Roller Athletics Championships

Sheriff's Datta Tripathi, Head of Army Public School, Mumbai, and his wife, Mrs. Anuradha Tripathi, accompanied him to the Roller Athletics Championships held at the Sheriffs Club, Mumbai, from 24th to 26th September 2023. The school's team performed exceptionally well, securing several medals in various events.



The school's team performed exceptionally well, securing several medals in various events. The students were accompanied by their teachers and family members, who supported them throughout the competition.

Students spread awareness on waste segregation



Students participating in a waste segregation awareness program, holding colorful posters and banners.

The students were accompanied by their teachers and family members, who supported them throughout the competition. The program aimed to educate students on the importance of proper waste disposal and recycling.

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Students get high-tech labs to learn, experiment



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SCHOOL IS COOL

A special report on the school's activities, achievements, and news.

03

REPUBLIC DAY CELEBRATION



Army Public School, Colaba



Army Public School, Colaba



Army Public School, Mumbai

Grandparents are the silver threads woven in our lives, their hearts filled with precious golden love. They are the eyes from where the happiness at home begins. Grandparents' day a day dedicated to honoring and cherishing the beloved family members.

Tribute to their significant Army Public School, Mumbai commemorated Grandparents' Day on the October 3. The event started by welcoming the grandparents with handmade greeting cards and flowers by their grandchildren.

To transport them back to their youthful days, impromptu games and engaging activities like musical chairs and ball-games were organized. The winners of the games were felicitated by principal, Ishkani Mathur, Chief, with prizes. The day was beautifully captured in photos, becoming cherished tokens of the love shared between grandparents and their grandchildren.

The students were accompanied by their teachers and family members, who supported them throughout the competition. The program aimed to educate students on the importance of proper waste disposal and recycling.

Army Public School, Mumbai

In the solemn occasion of Kargil Vijay Diwas, a Special Morning Assembly was conducted by the students of Hanjit House of Army Public School, Mumbai, on 26th July to pay heartfelt tribute to the brave soldiers who made the ultimate sacrifice for India during the Kargil War.

Kargil Vijay Diwas holds significant importance as it commemorates the triumph of the Indian armed forces in the Kargil conflict against Pakistan. The day serves as a reminder to honour and appreciate the extraordinary bravery and selflessness displayed by our soldiers during the war. This year, we mark the 24th anniversary of Kargil Vijay Diwas, and in reverence, our students presented a compelling skit. The skit revolved around the lives of our valiant soldiers, highlighting their unwavering dedication and courage in the face of adversity.

Children's Day celebration

MUMBAI (14 November 2023) The students of Army Public School, Mumbai, celebrated Children's Day with various programmes and activities, including a quiz competition, a skit, and a group of students performing a play on the significance of Children's Day.

The students were accompanied by their teachers and family members, who supported them throughout the competition. The program aimed to educate students on the importance of proper waste disposal and recycling.

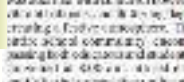


Army Public School, Mumbai

Army Public School pays tribute to our motherland

On August 15, 2023, Army Public School, Mumbai, celebrated the 75th Independence Day with various programmes and activities, including a quiz competition, a skit, and a group of students performing a play on the significance of Independence Day.

The students were accompanied by their teachers and family members, who supported them throughout the competition. The program aimed to educate students on the importance of proper waste disposal and recycling.



Army Public School, Mumbai

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Army Public School, Mumbai



Army Public School, Mumbai

Investiture ceremony at Army Public School

MUMBAI (14 November 2023) The students of Army Public School, Mumbai, celebrated the Investiture Ceremony with various programmes and activities, including a quiz competition, a skit, and a group of students performing a play on the significance of the Investiture Ceremony.

The students were accompanied by their teachers and family members, who supported them throughout the competition. The program aimed to educate students on the importance of proper waste disposal and recycling.



Army Public School, Mumbai

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Students donned various costumes representing the valiant soldiers, heroes, and iconic figures who played pivotal roles during the Kargil War, adding a touch of creativity and joy to the commemorative occasion.

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